










PEPP CONNECTIONS - APRIL 2017

Contact: Josie, Recreation Therapist 519-6858500 X74746

****PLEASE READ ATTACHED PROGRAM DESCRIPTION**

Monday	Tuesday	Wednesday	Thursday	Friday
3 1:00-3:00 REC GROUP GAMES DAY 	4  RAP 1:00 – 2:30 2:30-4:00 “In House PEPP Librarian” 2:30-3:30 PEER GROUP WITH JESSE and ALEX	5 2:30-4:00 HEALTHY LIVING GROUP – YMCA 2:00@PEPP 2:30@YMCA 1:00-2:30 Power Up “Smart Goals” 1:00-2:00 Passport to Success	6 10:30-11:30 Welcome to PEPP! 2:30-4:00 ROCK TALK (534 Queens Ave CMHA) 6:00-8:00 Jam Night with Marc	7 1:00-2:30 “Drop in” at Parkwood Institute with Jeff <u>Outpatients Only</u>
10 1:00-3:00 REC GROUP FLOOR HOCKEY @ PARKWOOD GYM 	11  RAP 1:00 – 2:30 “April Birthdays”	12 2:30-4:00 HEALTHY LIVING GROUP – YMCA 2:00@PEPP 2:30@YMCA 1:00-3:00 Women’s Group (Quilting fun)	13 10:30-11:30 Welcome to PEPP! 1:00-2:30 Power Up “Budgeting and Menu Planning” 2:30-4:00 ROCK TALK (534 Queens Ave CMHA)	14 CLINIC CLOSED GOOD FRIDAY
17CLINIC CLOSED 	18  RAP 1:00 – 2:30 2:30-3:30 PEER GROUP WITH JESSE and ALEX	19 2:30-4:00 HEALTHY LIVING GROUP – YMCA 2:00@PEPP 2:30@YMCA 1:00-3:00 Power Up “Personality Workshp” 1:00-2:00 Passport to Success 7:00-9:00 p.m. Parent Support Group Meeting for Parents @CMHA 534 Queens Ave	20 10:30-11:30 Welcome to PEPP! 2:30-4:00 ROCK TALK (534 Queens Ave CMHA) 6:00-8:00 Jam Night with Marc	21 1:00-2:30 “Drop in” at Parkwood Institute with Jeff <u>Outpatients Only</u>
24 1:00-3:00 REC GROUP FLOOR HOCKEY @ PARKWOOD GYM 	25  RAP 1:00 – 2:30	26 2:30-4:00 HEALTHY LIVING GROUP – YMCA 2:00@PEPP 2:30@YMCA 1:00-2:30 ART GROUP WITH MELISSA 2:30-4:00 Power Up @YMCA	27 10:30-11:30 Welcome to PEPP! ROCK TALK CANCELED	28 1:00-2:30 “Drop in” at Parkwood Institute with Jeff <u>Outpatients Only</u>