

## PEPP CONNECTIONS – OCTOBER 2017

Contact: Josie, Recreation Therapist 519-6858500 X74746

**\*\*PLEASE READ ATTACHED PROGRAM DESCRIPTION**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 1:00-3:00 REC GROUP COMMUNITY HIKE	<b>3</b> RAP – 1:00 – 2:30   2:30-4:00 “In House Librarian”	<b>4</b> 10:00-11:30 Mood Walks 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA OUTPATIENTS ONLY 3:00-4:15 Voice Hearer’s Group	<b>5</b> 10:30-11:30 Welcome to PEPP! 1:30-3:00 Dance & Groove 6:00-8:00 Jam Night with Marc	<b>6</b> 1:00-2:30 Drop in basketball @ Parkwood institute with Jeff Outpatients Only 1:00-3:00 Belong to Song Recording Workshop @ My Sisters Place
<b>9</b> NO GROUPS Happy Thanksgiving!	<b>10</b> RAP – 1:00 – 2:30  “October Birthdays”	<b>11</b> 10:00-11:30 Mood Walks 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA OUTPATIENTS ONLY 1:00-3:00 Women’s Group 3:00-4:15 Voice Hearer’s Group	<b>12</b> 10:30-11:30 Welcome to PEPP! 1:30-3:00 Dance & Groove	<b>13</b> 1:00-2:30 Drop in basketball @ Parkwood institute with Jeff Outpatients Only 1:00-3:00 Belong to Song Recording Workshop @ My Sisters Place
<b>16</b> 1:00-3:00 REC GROUP FLOOR HOCKEY @ PARKWOOD GYM 	<b>17</b> RAP – 1:00 – 2:30   2:30-3:30 Peer Support Group with Jesse and Alex	<b>18</b> 10:00-11:30 Mood Walks 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA OUTPATIENTS ONLY 1:00-2:30 Art Group with Melissa 3:00-4:15 Voice Hearer’s Group	<b>19</b> 10:30-11:30 Welcome to PEPP! 1:30-3:00 Dance & Groove   6:00-8:00 Jam Night with Marc	<b>20</b> 1:00-2:30 Drop in basketball @ Parkwood institute with Jeff Outpatients Only 1:00-3:00 Belong to Song Recording Workshop @ My Sisters Place
<b>23</b> 1:00-3:00 REC GROUP Spikes Indoor Beach Volleyball 120 Weston Rd.	<b>24</b> RAP – 1:00 – 2:30 	<b>25</b> 10:00-1:00 Mood Walks @ ECO Park 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA OUTPATIENTS ONLY 3:00-4:15 Voice Hearer’s Group	<b>26</b> 10:30-11:30 Welcome to PEPP! 1:30-3:00 Dance & Groove	<b>27</b> 1:00-2:30 Drop in basketball @ Parkwood institute with Jeff Outpatients Only 1:00-3:00 Belong to Song Recording Workshop @ My Sisters Place
<b>30</b> 1:00-3:00 REC GROUP FLOOR HOCKEY @ PARKWOOD GYM	<b>31</b> RAP – 1:00 – 2:30 Happy Halloween PARTY 			

Wednesday, October 18 - 7:00-9:00 p.m. Parent Support Group Meeting for Parents @CMHA 534 Queens Ave.