

## PEPP CONNECTION SEPTEMBER 2017

Contact: Josie, Recreation Therapist 519-685-8500 X74746

**\*\*PLEASE SEE ATTACHED PROGRAM DESCRIPTION FOR DETAILS**

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> 1:00-2:30 Drop in Basketball at the Parkwood Institute with Jeff <u>Outpatients Only</u>
<b>4 CLINIC CLOSED</b> 	<b>5</b> RAP – 1:00 – 2:30   2:30-4:00 “In House PEPP Librarian”	<b>6</b> 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u>	<b>7</b> 10:30 –11:30 Welcome to PEPP! 1:30-3:00 Dance and Groove 6:00-8:00 Jam night with Marc	<b>8</b> 1:00-2:30 Drop in Basketball at the Parkwood Institute with Jeff <u>Outpatients Only</u>
<b>11</b> 1:00-3:00 REC GROUP GAMES DAY @ PEPP	<b>12</b> RAP – 1:00 –2:30  “September Birthdays”  3:00-4:30 Clothing Giveaway	<b>13</b> 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u> 1:00-3:00 Women’s Group	<b>14</b> 10:30-11:30 Welcome to PEPP! 1:30-3:00 Dance and Groove	<b>15</b> 1:00-2:30 Drop in Basketball at the Parkwood Institute with Jeff <u>Outpatients Only</u>
<b>18</b> 1:00-3:00 REC GROUP Community Hike and Ice Cream 	<b>19</b> RAP – 1:00 –2:30   2:30-3:30 PEER GROUP with Jesse and Alex	<b>20</b> 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u> 1:00-2:00 MOOD WALKS (8wks) Lunch & learn today 3:00-4:15 Voice Hearer’s Group	<b>21</b> 10:30 –11:30 Welcome to PEPP! 1:30-3:00 Dance and Groove  6:00-8:00 Jam night with Marc	<b>22</b> 1:00-2:30 Drop in Basketball at the Parkwood Institute with Jeff <u>Outpatients Only</u>
<b>25</b> 1:00-3:00 REC GROUP Floor Hockey @ Parkwood Institute gym 	<b>26</b> RAP 1:00-2:30 	<b>27</b> 10:00-11:30 MOOD WALKS 11:00-12:00 Energy Break @ YMCA 1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u> 1:00-2:30 ART Group with Melissa 3:00-4:15 Voice Hearer’s Group	<b>28</b> 10:30-11:30 Welcome to PEPP!  1:30-3:00 Dance and Groove	<b>29</b> 1:00-2:30 Drop in Basketball at the Parkwood Institute with Jeff <u>Outpatients Only</u>

7:00-9:00 p.m. Parent Support Group Meeting for Parents @CMHA 534 Queens Ave. Wednesday, September 20