

VAP REDUCTION BUNDLE

1. Assess/attempt daily Spontaneous Breathing Trial
2. Reassess sedation requirements daily and use sedation scoring tool (VAMASS)
3. Keep HOB \geq 30 degrees unless contraindicated
4. Insert gastric drainage tubes orally versus nasally to reduce sinusitis risk (feeding tubes may be inserted nasally)
5. Implement a standardized oral care routine (*to be developed*)

Ventilator Adjusted Motor Assessment Scoring Scale (VAMASS)			
0	Unresponsive to pain	A	Minimal coughing; few alarms; tolerates movement
1	Opens eyes and/or moves to pain only	B	Coughing, frequent alarms when stimulated; settles with voice or removal of stimulus
2	Opens eyes and/or moves to voice	C	Distressed, frequent coughing or alarms; high RR with normal/low PaCO ₂
3	Calm and cooperative	D	Unable to control ventilation; difficulty delivering volumes; prolonged coughing
4	Restless but cooperative; follows commands		
5	Agitated; attempts to get out of bed; may stop behaviour when requested but reverts back		
6	Dangerously agitated; pulling at tubes or lines, thrashing about; does not obey commands		