

VAP BUNDLE INFORMATION

1. Keep HOB elevated 30 degrees or higher (*as indicated on the bedrail at the head of the bed*). This applies to all intubated, trached and enterally fed patients.
 - If contraindicated, chart reason on AI record.
 - Document HOB level on flow sheet in actual degrees. Document with each change in position.
 - If patient doesn't tolerate 30 degree elevation, chart reason and keep HOB as high as tolerated. Reattempt increase q 4 h.
2. Sedate to a target VAMASS.
 - Chart VAMASS or MASS q shift for all patients, q 4h for occasional use of sedation, q1h for continuous or frequent sedation.
 - On graphic, chart the "typical" score for the preceding hour.
 - Chart the VAMASS on the MAR to explain reason for prn sedation.
 - At the end of each shift, document a DAR note under the heading "comfort". Document overall assessment findings re pain, anxiety, agitation, etc., and describe treatment and response.
3. Attempt to wean or reduce sedation and analgesia each morning. Guidelines are provided on the back of the sedation and analgesia PPO.
 - Document attempt and response in AI record (under "comfort heading").
 - Titrate sedation and attempt reduction to maintain lowest level of sedation. Consider switching continuous to intermittent dosing. Aim to lighten patient each morning unless contraindicated, in preparation for SBT.
4. All patients are screened daily for Spontaneous Breathing Trial (see RRT record for criteria).
 - Response to SBT or reason why SBT not done should be charted in RRT record.
5. Insert gastric drainage tubes orally instead of nasally if patient is intubated.
 - Enteral feeding should be administered via feeding tube, not gastric tube.
 - Feeding tubes may be inserted nasally (unless contraindicated).
 - Remove gastric drainage tubes when drainage is minimal.
6. Oral hygiene routine.
 - Inspect and document oral assessment in AI record.
 - Scrub gum, cheek and teeth with chlorhexidine 0.12 % BID and document in the MAR
 - Brush teeth Q 12 H and prn and document in flow sheet
 - Cleanse mouth with mouth swabs Q 1-4 H. Document in flow sheet
7. EVAC tubes:
 - Maintain suction