

MULTIVITAMIN CONTENTS

	MULTIVITAMINS (10mL)
Ascorbic Acid	100 mg
Vitamin A.....	3,300 IU
Vitamin D	200 IU
Thiamine (B ₁)	3 mg
Riboflavin (B ₂)	3.6 mg
Pyridoxine (B ₆)	4 mg
Niacin	40 mg
Pantothenic Acid	15 mg
Vitamin E.....	10 IU
Biotin	60 mcg
Folic Acid	400 mcg
Vitamin B ₁₂	5 mcg
ADULT TRACE ELEMENTS - one unit contains:	
Zinc. 76.9 µmol (5 mg)	Manganese 9 µmol (0.5 mg)
Copper 15.8 µmol (1 mg)	Iodine. 0.6 µmol (75 mcg)
Chromium 0.19 µmol (10 mcg)	Selenium 0.75 µmol (60 mcg)