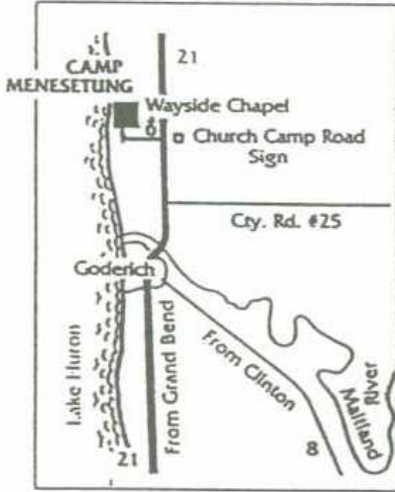




Pinecrest Adventures Camp CAMP MENESETUNG

How to get to Camp Menesetung



Drive north from Goderich on Highway #21, just past County Road #25. Turn Left towards Lake Huron at the Church Camp Road sign, approximately 5km, north of town. After going under a bridge, Church Camp Road is either the second or third street on the left. Follow the road to the right into Camp Menesetung.

How to contact us during camp

If there is an emergency, the phone number at the camp is (519) 524-6497. Please give this number out to only those that need it. The best time to get a hold of someone is around meal times. Personal phone calls, that are not urgent, will not be permitted.

About the facilities

There are cabins to sleep in that have mattresses on the bunk beds. The campers and LITs will be grouped together by age and are assigned to boy or girl cabins. Each cabin will sleep from 6 to 8 campers and the staff will sleep in the same cabin. There is electricity in the cabins so you can bring you hair dryer/razors but no radios or other electronics please.

Nutritious meals are provided three times a day in the dining hall with healthy snacks in between and evenings. Please do not bring any additional food or snacks to keep in the cabin with you as food that is not properly stored can invite unwanted animals, bugs and pests!

There is a pool on-site and a lifeguard supervises all swim times. Campers will be swimming each morning and have the opportunity to swim in the afternoon during free time.

Factor

During camp all infusion supplies and factor products will be supplied from the Bleeding Disorder Program (BDP) at London Health Sciences Centre. Lori Laudenbach, BDP Advanced Practice Nurse, will bring these supplies. **If on home infusion, please infuse prior to arriving at camp.**

Medications

On Wednesday, please be prepared to spend a few minutes to review your medical needs with Lori Laudenbach, BDP Advanced Practice Nurse. At this time ALL medications will be discussed and turned in to be stored at the health hut. Campers and staff will keep their inhalers and epi pens. Please note that ALL medications should be in the original bottle, LABELLED with your name, the name of the medicine in the bottle, and directions for giving it. You should bring an ample supply of all prescription medications that you would need to take at camp.