

Cindy Ulrich, RD

Cindy received her Honors Bachelor of Science Degree in Home Economics, Food and Nutrition from the University of Western Ontario, Brescia College in 1984 and completed her Dietetic Internship at Brantford General Hospital in 1985. She has been a Registered Dietitian at St. Joseph's Health Care London since 1987.

Cindy has focused her learning and expertise on Neonatal Nutrition over the last 16 years of her dietetic career. Since starting in the NICU, she has led the development of neonatal enteral and parenteral nutritional guidelines and has been involved in a number of research projects related to improving nutritional care in the premature infant. Until recently she also provided nutritional follow-up to high risk infants in the Developmental Follow-up Clinic.

Currently, Cindy is a Registered Dietitian in the Neonatal Intensive Care Unit, Children's Hospital at London Health Sciences Centre. Her research interests include:

1. Post-discharge support and breastfeeding duration in preterm infants
2. The impact of in-hospital and post-discharge nutrition on growth outcomes in very low birth weight infants.