Nutritional Considerations for the Human Milk Fed Infant: Size Matters!
Cindy Ulrich, RD  Doris Yuen, MD, PhD, FRCPC

1. Discuss nutritional requirements, benefits of human milk feeding and growth targets for the term and preterm infant.
2. Recognize factors that contribute to poor growth and rationale for specific supplementation at discharge and beyond.
3. Discuss goals for nutritional monitoring and follow-up in these breastfeeding groups.

Workshop Learning Objectives:
Meet the Professors – Q&A
Orlando da Silva, MD, MSc, FRCPC
Jack Newman, MD, FRCPC
Sharon Unger, MD, FRCPC
1. To further explore through in-depth discussion, the challenges and opportunities for breastfeeding mothers in the community.

Symposium Learning Objectives:
1. To provide an overview and update of the current research in human milk banking and breastfeeding.
2. To increase the understanding of breastfeeding support and challenges.
3. To increase awareness of concerns facing mothers of premature and term infants in the community.
4. To share future plans of upcoming research projects on breastfeeding and infant nutrition.

Supporting Mother and Baby Towards Successful Breastfeeding From Hospital to Home
Michelle Angelini, RN, BSN, IBCLC  Gillian Salvarakis, PT
1. Understand the maturation of the infant suck and identify various sucking patterns.
2. Review latch and techniques to support transfer of milk from mother to infant.
4. Discuss strategies to support mother’s milk production.
5. Discuss decision-making when choosing a nipple to support infant breastfeeding.

The symposium is funded by an education grant from the Academic Medical Organization of Southwestern Ontario (AMOSO).
8:00  Sign in / Breakfast
8:45  Welcoming Remarks
      Dr. Guido Filler
      Dr. Doris Yuen
9:00  “Providing Breast Milk to Infants in the NICU and Beyond: Challenges and Opportunities”
      Dr. Orlando da Silva
10:00 “Human Milk Banking”
      Dr. Sharon Unger
11:00 Break
11:15  “What They Didn’t Teach You About Breastfeeding in Your Training”
      Dr. Jack Newman
12:15 Lunch
1:00  Concurrent Break Out Workshops Round 1
2:00  Concurrent Break Out Workshops Round 2
3:00  Break
3:15  Concurrent Break Out Workshops Round 3
4:10  Closing Remarks
      Dr. Doris Yuen
4:15  Evaluation Completion
4:30  Program Ends

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schlich School of Medicine and Dentistry, The University of Western Ontario (6.5 hours).

Note: This program provides sufficient time for discussion to meet the 25% guidelines for interaction required by the Royal College of Physicians and Surgeons of Canada.

Questions?
Contact Nancy McFadden
Phone: 519-685-8500 x65925
E-mail: nancy.mcfadden@lhsc.on.ca

FACULTY

Michelle Angelini, RN, BSN, ICBLC
Lactation Consultant, NICU
Children’s Hospital, London Health Sciences Centre

Orlando da Silva, MD, MSc, FRCPC
Neonatologist
Children’s Hospital, London Health Sciences Centre

Guido Filler, MD, PhD, FRCPC
Chair/Chief, Department of Paediatrics
Children’s Hospital, London Health Sciences Centre

Jack Newman, MD, FRCPC
Paediatrician
International Breastfeeding Center, Canadian College of Naturopathic Medicine, Toronto

Gillian Salvarakis, PT
Physiotherapist, NICU
Children’s Hospital, London Health Sciences Centre

Cindy Ulrich, RD
Registered Dietitian, NICU
Children’s Hospital, London Health Sciences Centre

Sharon Unger, MD, FRCP
Neonatologist
Mount Sinai Hospital, Toronto
Medical Director
Ontario Human Donor Milk Bank

Doris Yuen, MD, PhD, FRCPC
Neonatologist
Children’s Hospital, London Health Sciences Centre