

PRENATAL DIAGNOSTIC TESTING PROCEDURE

DATE: _____ TIME: _____

LOCATION/DIRECTIONS

- Enter off Baseline Road and follow the signs to Zone E / Parking Lot #7 (turn left)
- Proceed to Visitor Parking Lot #7 (turn left into parking lot)
- Proceed to Entrance E (right across from Parking Lot #7)
- Once in the main building, follow the signs to Women's Health Care Centre
- Turn left at the elevators and proceed through the double doors. Stay on Level 1 - **do not take the main elevator.**
- Follow the hallway all the way to the end and turn left
- Follow the signs to Women's Health Care - proceed to Elevator #3
- Take Elevator #3 to the 3rd floor
- Women's Health Care Reception is located right off the elevator (Room E3-619)
- You should expect to be in the Women's Health Care Center for approximately 1-2 hours.

PREPARATION PRIOR TO PROCEDURE

- Do not arrive with a full bladder. Bring water with you to drink after you have registered, in preparation for the procedure.
- You may eat and drink prior to your procedure.
- Plan on bringing someone to the appointment with you who can drive you home following the procedure.

INSTRUCTIONS FOLLOWING THE PROCEDURE

- Refrain from strenuous activity and any heavy lifting for 24-48 hours following the procedure. We do recommend that you take the entire day of the procedure off from work.
- Minor cramping often occurs following the procedure. However, if cramping persists or worsens notify your doctor and go to the emergency department of your local hospital.
- Minor spotting sometimes happens following the procedure. If you are experiencing constant vaginal bleeding, unusual vaginal spotting, loss of vaginal fluid, constant backache or fever, notify your doctor or go to the emergency department of your local hospital.
- If you have any questions you may contact us at the Genetic Clinic at (519) 685-8140. We will notify you with results as soon as they are available.

EXPECT RESULTS IN APPROXIMATELY 2-4 WEEKS.

Please turn over to see map.

Prenataldxtesting
07Dec10