

Home, Health and Personal Support Services

**Sarnia-Lambton Community Care Access Centre
Oncology Care Coordination** (519) 337-1000
1-800-265-1445

Aboriginal Health Centres:

E'Mino Bmaad-Zijig Gamig Health Centre,
Aamjiwnaang First Nation (519) 332-6770
Kettle & Stony Point Health Centre (519) 786-5647
Walpole Island Health Centre (519) 627-0765

Bayshore Healthcare (519) 383-6979

Community Occupational Therapy Services (519) 869-2609

Canadian Red Cross (519) 332-6561

Lambton Elderly Outreach (519) 845-1353

Senior VIP (519) 332-2814

Veterans Affairs Canada 1-866-522-2122

VON Sarnia Lambton (519) 542-2310

VHA Home Healthcare 1-866-309-1115

Check yellow pages under Nurses or Home Health Services & Supplies for other agencies.

Complementary Therapies

Consumer Health Organization of Canada
www.consumerhealth.org 1-877-389-0996

Ontario Association of Naturopathic Doctors
www.oand.org 1-877-628-7284

Ontario Herbalists Association
www.herbalists.on.ca 1-877-642-4372

Ontario Homeopathic Association
www.ontariohomeopath.com (416) 657-4000

St. Joseph's Hospice Resource Centre of Sarnia Lambton (519) 337-0537

Wellspring London and Region
www.wellspring.ca (519) 438-7379

Emotional Support

Bluewater Health (519) 464-4400
• Pastoral Care/Chaplain ext. 5473/8238
• Social Work ext. 5376

Brain Tumour Foundation of Canada Support Group (519) 642-7755
1-800-265-5106

Canadian Cancer Society Peer Support
• One-to-one 1-800-263-6750
• Group Support (519) 332-0042
Breast, prostate — Sarnia
General — Grand Bend

Distress Line of Sarnia-Lambton 1-888-347-8737
or (519) 336-3000

Family Counselling Centre (519) 336-0120
• Tel Check or 1-800-831-3031

London Regional Cancer Program
London Health Sciences Centre
• Social Work (519) 685-8622
(Individual, Groups, Families)
• Spiritual Care
• Nutrition Services

Multiple Myeloma Support Group (519) 641-7080
(London & Area) or (519) 641-2766

North Lambton Community Health Centre
Social Work www.nlchc.com (519) 786-4545

St. Joseph's Hospice Resource Centre of Sarnia Lambton (519) 337-0537
VON Hospice Volunteer Visiting (519) 542-2310
ext. 4237/4267

Wellspring London and Region (519) 438-7379

Palliative Care Services

Community Care Access Centre Palliative Care Case Manager (519) 337-1000

London Regional Cancer Program (519) 685-8622
London Health Sciences Centre
• Social Work
• Spiritual Care
• Pain & Symptom Management Team

Palliative Pain & Symptom Management Program (519) 542-1686

St. Joseph's Hospice Resource Centre of Sarnia Lambton (519) 337-0537

VON Hospice Volunteer Visiting (519) 542-2310
ext. 4237/4267
1-800-265-1445

Bereavement Support for Adults and Children

Bluewater Health (519) 464-4400
Pastoral Care/Chaplain ext. 5473/8238

Grand Bend Area Community Health Centre Bereavement Group (519) 238-2362

McKenzie & Blundy Funeral Home (519) 344-3131

A Gathering for Grief (519) 685-8622
London Regional Cancer Program - Social Work
London Health Sciences Centre

Bereaved Families of Ontario Southwest Region (519) 686-1573
(email) bflondon@rogers.com

St. Joseph's Hospice Resource Centre of Sarnia Lambton (519) 337-0537

Wellspring London and Region (519) 438-7379

Grief Support Network of Sarnia Lambton
Bridget Murphy (519) 337-4943

Check yellow pages under Counselling Services for other agencies.

Information
for cancer patients and
their caregivers in

Lambton County

This pamphlet is produced by the
Lambton Cancer Services Network

To order copies or for comments
on content, call the
Canadian Cancer Society
(519) 332-0042 or 1-877-305-6179.

February 27, 2006

Information Sources

Bluewater Health -Sarnia	(519) 464-4400
• Chemotherapy Unit	ext. 5517
• Social Work	ext. 5376
Canadian Cancer Society	
Cancer Information Service	1-888-939-3333
Lambton County Unit	(519) 332-0042
lambton@ontario.cancer.ca	1-877-305-6179
London Regional Cancer Program	(519) 685-8600
London Health Sciences Centre	
Patient & Family Library	(519) 685-8742
Nutrition	(519) 685-8622
Social Work	(519) 685-8622
Ontario Government Information and Referral Service - Infoline	1-800-665-9092
St. Joseph's Hospice Resource Centre of Sarnia Lambton	(519) 337-0537
Sarnia-Lambton Community Care Access Centre	(519) 337-1000 or 1-800-265-1445
Wellspring London and Region	(519) 438-7379
Cancer Support Centre	

Accommodations in London

Ronald McDonald House	(519) 685-3232
741 Baseline Road East	
<i>Temporary housing for parents of seriously ill children.</i>	
St. Joseph's Health Care	(519) 646-6021
43 and 51 Alma Street	
Thameswood Lodge	(519) 667-6727
401 Nelson Street	
London Accommodations with special rates-	
www.lhsc.on.ca/priv/socwork/accommod.htm	

Treatment Facilities

Bluewater Health	(519) 464-4400
Chemotherapy Unit	ext. 5517
London Regional Cancer Program	(519) 685-8600
London Health Sciences Centre	

Internet Resources

Bluewater Health	www.bluewaterhealth.ca
Canadian Cancer Society	www.cancer.ca
Cancer Care Ontario	www.cancercare.on.ca
Cancer Track Cancer News	www.cancertrack.com
Caregiver Information	www.virtualhospice.ca
Community Health Services Department of Lambton County	www.lambtonhealth.on.ca
London Regional Cancer Program	www.lrcc.on.ca
London Health Sciences Centre	
• Clinical Trials	www.lrcc.on.ca/professionals/clinicaltrials/alltrials.xml
Ontario Cancer Research Network	www.ontariocancertrials.ca
St. Joseph's Hospice Resource Centre of Sarnia Lambton	www.stjosephshospice.ca
Sarnia-Lambton Community Care Access Centre	www.sarnia.ccac-ont.ca
The Healthline	www.thehealthline.ca
Wellspring London and Region	www.wellspring.ca
Willow Breast Cancer Support & Resource Services	www.willow.org

Transportation

Canadian Cancer Society	(519) 332-0042
Lambton County Unit	or 1-877-305-6179
(No charge for cancer related appointments)	
Canadian Red Cross	(519) 332-6380
Lambton Elderly Outreach	(519) 845-1353

Financial Assistance *

Canada Pension Plan Disability Benefits	1-800-277-9914
www.hrdc-drhc.gc.ca/isp/cpp/disabi_e.shtml	
Canadian Revenue Agency	1-800-959-8281
Medical expenses income tax information	
www.ccr-aadrc.gc.ca	
Community Legal Assistance - Sarnia	
Advocacy and appeals for government assistance programs	(519) 332-8055
Employment Insurance Benefits	
Sick Benefits and Compassionate Care	
www.hrdc-drhc.gc.ca/ei	(519) 464-5025
150 North Christina Street	or 1-800-206-7218
Bayside Mall	
Sarnia, Ontario N7T 7W5	
Ministry of Community & Social Services	
Ontario Disability Support Program	(519) 337-3735 or 1-800-663-7633
www.cfcs.gov.on.ca/CFCS/en/programs/IES	
Lambton Shared Services Centre	
150 Christina Street North - Bayside Mall	
Sarnia, Ontario N7T 8H4	
Ontario Health Insurance Plan	1-800-268-1154
www.health.gov.on.ca	
452 Christina Street North	
Sarnia, Ontario N7T 5W4	
Ontario Trillium Drug Program	
www.health.gov.on.ca/english/public/pub/drugs/trillium.html	1-800-575-5386
Ontario Works - Social Services	1-866-879-6750 (519) 332-4906
www.cfcs.gov.on.ca/CFCS/en/programs/IES	
Veterans Affairs Canada	1-866-522-2122
Support for eligible veterans	

**Eligibility criteria can change. Contact the program you are interested in directly, or have someone do this on your behalf, to confirm eligibility.*

Cancer Prevention & Early Detection

Canadian Cancer Society	(519) 332-0042
Community Health Services Department of Lambton County	(519) 383-8331
www.lambtonhealth.on.ca	or 1-800-667-1839
Grand Bend Area Community Health Centre	
www.gbachc.ca	(519) 238-2362
North Lambton Community Health Centre	
www.nlchc.com	(519) 786-4545
Ontario Breast Screening Program (OBSP)	
Bluewater Health-Sarnia	(519) 464-4515

Equipment, Protheses & Supplies

Canadian Cancer Society	(519) 332-0042
Look Good, Feel Better Program	
Canadian Red Cross Equipment Rental	
	(519) 332-6380
Canadian Cancer Society Hair Salon	
located at London Regional Cancer Program, London Health Sciences Centre	
Wigs & head coverings	(519) 685-8603
Lambton Pro Health	(519) 332-3325
(Respiratory supplies)	or 1-800-265-1471
Ontario Government Assistive Devices Program	
www.health.gov.on.ca/english/public/pub/adp/about.html	1-800-268-6021
Sarnia-Lambton Community Care Access Centre	(519) 337-1000 or 1-800-265-1445
Silhouettes	(519) 337-8700
Mastectomy Products and wigs	

Check yellow pages under Hospital Equipment & Supplies, Oxygen or Mastectomy products.

For information on wigs, contact the Chemotherapy Unit, Bluewater Health or the Canadian Cancer Society