



When to call for help

My LRCP #: _____ (have this number ready before calling).

If you are experiencing any of the following medical emergencies, call 9-1-1.

- New seizures or convulsions
- Chest pain
- Bleeding that will not stop
- New, worsening or sudden difficulty breathing
- Stroke symptoms - facial drooping, new slurred speech or new weakness on one side of the body
- Loss of feeling or movement in your arms or legs

****If you have a fever of 38° C or higher when you are on drug therapy, follow the instructions on your fever or immunotherapy card.**

Call the LRCP Telephone Triage Nursing (TTN) line or CAREchart@home after-hours nursing line if you have any of these changes in your condition:

- Increased pain
- Any unusual, strong, or new pain, especially in the spine
- Trouble emptying your bladder
- Vomiting that lasts **more than 1 day** (24 hours)
- Sudden onset or severe headache pain
- Diarrhea lasting **more than 2 days** (48 hours)
- Nausea lasting **more than 2 days** (48 hours), even after taking anti-nausea medicine
- Cankers or sores in your mouth that are causing difficulties with eating or drinking
- Constipation lasting for 2 days (48 hours) even after using laxatives
- Confusion and/or increased sleepiness
- Sudden swelling or pain in your arms or legs
- Arms or legs suddenly feel hot or cold to the touch

LRCP Telephone Triage Nursing (TTN) line:

519-685-8600 - Press '1' for patient
and then press '3' to speak to a nurse
Monday to Friday 8:30 a.m. - 4:00 p.m.
(Closed from 12:00 p.m. - 1:00 p.m.)

CAREchart@home after-hours nursing:

1-877-681-3057
Monday to Friday 4:00 p.m. - 8:30 a.m.
Weekends/Holidays, 24 hours

If you cannot contact the telephone triage nurse, call your family doctor or Telehealth Ontario's toll-free phone number at 1-866-797-0000. If it is an emergency, go to your nearest Emergency Department or call 9-1-1.