

## Dental Care

### The following guidelines are recommended:

1. You should see your dentist every six months for at least the first two years after transplantation.
2. Dental procedures can be performed as necessary, after consultation with a physician.
3. You will need to take antibiotics before and after any dental procedure, including probing, cleaning, extractions and oral surgery.
4. Good oral hygiene is essential. You should brush your teeth three times daily and use dental floss at least once daily. You should check your gums regularly for any swelling or bleeding.

### Transplant Recipients: Antibiotic Routine for Dental Procedures

It is recommended that the patient rinse with chlorohexidine 0.1-0.2% mouthwash, 30 minutes before procedure.

**Oral:** Amoxicillin 2 g., 1 hour before procedure.

**If allergic to Amoxicillin/Penicillin:** Clindamycin 600 mg., 1 hour before procedure.

**If unable to take oral medications, use intravenous or intramuscular route:** Ampicillin 2 g. IM or IV 30 minutes before procedure.

**If allergic to Ampicillin:** Clindamycin 600 mg. IM or IV 30 minutes before procedure **or** Cefazolin 1 g. IM or IV 30 minutes before procedure.