



**Pediatric** 

0-2 years: Red 0.5 mL

Microtainer (this volume

sufficient for maximum of 2

allergens)
2-10 years: 2 mL Red top (this volume sufficient for 10-12

allergens)



Pathology and Laboratory Medicine

# Orderable - RASTI + Allergen Code

Turn Around Time: 15 days

## **Alternate Name(s):**

**Adult** 

5 mL Gold top

Vacutainer tube or 6 mL

Red top Vacutainer tube

**Specimen:** 

Immunoglobulin E, Allergen Specific RAST Test



**Laboratory:** Core Lab



Requisition:

GENERAL LABORATORY REQUISITION



Method of Analysis: PHADIA IMMUNOCAP (Fluorescent Enzyme Immunoassay)



# **Collection Information:**

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**Test Schedule:** Referred out Monday-Thursday

Allergen must be specified.



Referred Out Location: In-Common Laboratories \*\*NOTE: RASTI must be ordered once with each set of allergens on the same accession number. This adds interpretative information to the report.

The following are the common allergen ordering patterns

Each test requires 50  $\mu$ L and 2 mL is sufficient for 10-12

tests.

### **Nuts ordering pattern:**

Peanut (f13)

Peanut rAr h2 (f423)

Hazel Nut (f17)

Almond (f20)

Walnut (f256)

Pistachio (f203)

Brazil Nut (f18)

Pecan Nut (f201)

Cashew Nut (f202)







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#### Inhalants/Animal ordering pattern:

Dermatophagoides pteronyssinus Mite (d1)

Dermatophagoides farinae Mite (d2)

Dog Dander (e5)

Cat Dander (e1)

Common Ragweed Pollen (w1)

Alternaria alternata (m6)

Grass Pollens Mix 1 (gx1)

Tree Pollen Mix 4 (tx4)

Cladosporium herbarum (m2)

Tree Pollen Mix 6 (tx6)

Aspergillus fumigatus (m3)

Camara an Cilvan Dinah Dallan /+2

Common Silver Birch Pollen (t3)

Horse Dander (e3)

Grass Pollens Mix 2 (gx2)

Penicillium chrysogenum (P. notatum) (m1)

#### Food ordering pattern:

Egg White (f1)

Shrimp (f24)

Milk (f2)

Sesame Seed (f10)

Egg Yolk (f75)

Fish (Cod) (f3)

Kiwi (f84)

Soybean (f14)

Wheat (f4)

Lobster (f80)

Scallop (f338)

Oyster (f290)

Blue Mussel (f37)

Crab (f23)

Clam (f207)

Salmon (f41)

#### Insects venoms ordering pattern:

Common Wasp (Yellow Jacket) Venom (i3)

Honey Bee Venom (i1)

White-Faced Hornet Venom (i2)

Paper Wasp Venom (i4)

Yellow Hornet venom (i5)







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## **Reference Ranges:**

IgE Activity Allergy Index:	
<0.35 kU/L 0:	No sensitivity
0.35 - 0.69 kU/L 1:	Low
0.70 – 3.49 kU/L 2:	Moderate
3.50 – 17.49 kU/L 3:	High
17.50 – 49.99 kU/L 4:	Very High
50.00 – 100.00 kU/L 5:	Very High
>100.00 kU/L 6:	Extremely High

## **Interpretive Comments:**

Clinician must determine clinical significance of specific IgE result after correlation with clinical exam and history.

Detectable levels are present in patients with allergic disease and in approx. 15% of asymptomatic healthy persons. Some with classic atopic symptoms may not have detectable levels. Specific IgE may decrease with time and lack of exposure to allergens.

Use caution when interpreting drug, venom and potential anaphylactic allergen results.

# **Comments:**

This test is available to LHSC/SJHC's Allergists, Clinical Pharmacologists and Pediatric Respirologists. All other test requests will require approval by the on-call Biochemist. Testing limited to 5 orders within an ordering pattern and a maximum of 10 specific allergens across all ordering patterns. Additional requests require approval by the on-call Biochemist.

Rare allergen tests are no longer available on Powerchart, if these tests are required the physician needs to call the on-call biochemist. Approved tests can be ordered with DOE.

## **Storage and Shipment:**

Store and ship frozen.