





eason of Joy



What brought you joy this past year?

At London Health Sciences Centre (LHSC), we found moments of joy - both big and small - igniting through the everyday interactions of our team members, patients, families and partners. From staff celebrations to moments of kindness to marriage proposals, these pages provide a small glimpse into the spirit of Team LHSC.

We hope reflecting on our joy inspires you to do the same, whether that's at work, with cherished loved ones or in the activities you most enjoy.

We wish you a happy and healthy holiday!

- LHSC Executive Leadership Team





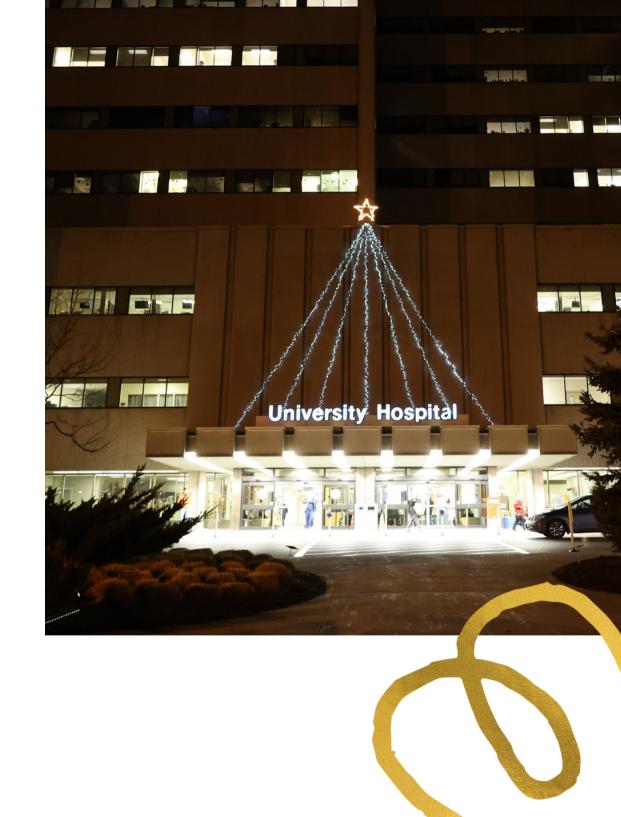




As we celebrate the end of a year that brought us many challenges in health care, we can't help but reflect on moments of joy that make coming to work at LHSC so meaningful. Whether it was helping a grateful family find their way to a clinic, assisting patients in their recovery or surprising our hard—working night staff by scraping the ice off their cars, working at LHSC allows us to make a real positive difference in people's lives every day.

Few things ignite the holiday spirit more than lights. For those of you providing care this holiday season, we thank you! For the past few years, we have faced several challenges. Still, your commitment and dedication to your colleagues and our patients have been unwavering, and we are truly grateful. We hope you also find time to enjoy with friends and family. Happy Holidays!

- Audrey Wharton, Director, Medicine and Family Medicine Program





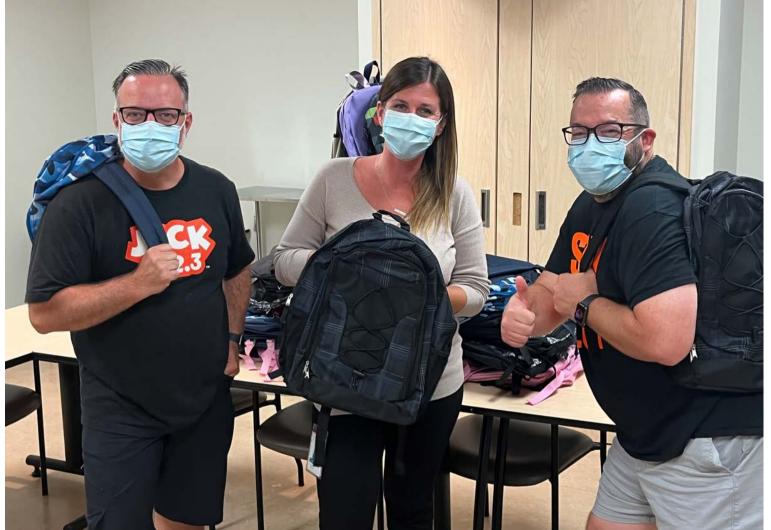


After a two-year pause, our annual Staff Appreciation BBQs have returned to recognize the dedication and efforts of Team LHSC.

We thank each and every one of you for the work you do daily to support excellent care, teaching and research within our walls.









The Radiology department thanks all our colleagues at LHSC, fellow front—line workers in the London Police Service and the crew from Jack FM for their support of the backpacks for local children initiative. It was the seventh and best year! Thanks to everyone for the donations which helped 341 children in need, and for helping spread joy and care beyond our walls.

- Radiology Department









This year we celebrated 10 years of our Adult Eating Disorders Service at 54 Riverview. Every moment together has brought us joy. It fills us with pride to know the positive impact we have made to the lives of our patients. Together, our future is bright.

- The Adult Eating Disorders Service (AEDS)







We had joy in giving back to our community, which is why during the celebration of Medical Device Reprocessing (MDR) Week, we partnered with the London Food Bank to donate non-perishables to those most in need. We are proud and happy to be able to donate over 800 lbs of food! Let's keep working as a community!

Celebrating 100 years of Children's Hospital

This year our Children's Hospital celebrated its 100th anniversary with several events. This was an opportunity to gather and acknowledge the research, innovation and patient—centered care that has made Children's Hospital great with our tremendous and passionate team. We want to thank our staff whose hard work and dedication are the reason we have been able to offer our community 100 years of children's care.





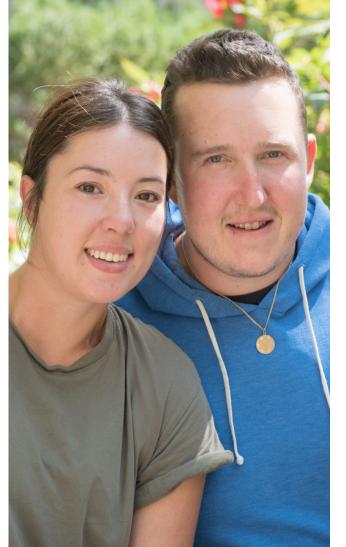




The Prevention and Early Intervention Program for Psychoses (PEPP) and the youth we serve are overjoyed to have a community garden that provides a space for grounding and connection. Much like the garden's conditions constantly changing, we have learned that sunlight and rain are necessary for personal and professional growth.

Mutually maintaining the garden has also reminded us to attend to our self-care and support those around us regularly. The garden's team energy has also helped us realize that we can manage many obstacles by working together on what is within our control. We are grateful to all our partners for the infinite meaning and joy the garden has provided to our youth. Wish you all Happy Holidays!







We experienced the joy of love in our Multi-Organ Transplant Program when Tyler Montgomery proposed to his fiancé, Keverly.

In 2021, Tyler received a heart transplant, and last September, he was transferred to LHSC for his follow-up care.

"This generous life—saving gift has given me not only a new heart but an opportunity for a brand—new life. A life filled with the love of my family and a new wife. I have been given the greatest gift I could ever receive," Tyler says.

A beautiful story full of joy, courage, determination and love.





We are very dedicated to our job and, over the years, have met many colleagues who have become like family and brought us joy. LHSC has been our home away from home and will be missed as we retire this year.

Genet has already retired at the end of September, and I will be retired at the end of December. Our memories of this place will be forever in our hearts.

- Mary Tonelotto and Genet Twum are celebrating their 30th and 35th long service awards at LHSC.





our team at ICES Western held our first in-person retreat since the pandemic started. We celebrated our accomplishments over the past year, our work's impact on bringing to light inequities in health, and recommendations to improve health care delivery for Ontarians. We're incredibly grateful to do what we do and to get to do it together!

- ICES Western





The fair treatment of all individuals through equity, diversity and inclusion is important as people's unique needs, potential and perspectives are respected. Considering these factors, it is evident that deeper trust and commitment will be the result. As the first Office of Inclusion and Social Accountability at LHSC, we are proud to be furthering these principles.

From our family to yours, Happy Holidays!

- Office of Inclusion and Social Accountability

There is no time more fitting to say 'Thank You' and to wish you a happy holiday season and a new year of health, happiness and prosperity.

- Dr. Fawaz Siddiqi, Chair, LHSC Medical Advisory Committee
- Dr. David Steven, Vice Chair, LHSC Medical Advisory Committee
- Dr. Jim Calvin, Corporate Medical Executive







Mappy Molidays!