



Pathology and Laboratory Medicine

1,25-DIHYDROXY VITAMIN D, SERUM/ PLASMA

## Orderable - 125VITD

Turnaround Time: 10 days

#### **Alternate Name(s):**

Calcitriol 1,25 diOH Vitamin D

## <u>Specimen:</u>

Adult	Pediatric
5 mL Gold top	0-2 years: 2 x 0.5 mL Red or Gold
Vacutainer tube	top Microtainers
	2-10 years: 3.5 mL Gold top
	Vacutainer tube
Light Green top tubes (Li-heparin) or Lavender top tubes	
(EDTA) are also acceptable	

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**Laboratory:** Endocrinology Lab



**Requisition:**GENERAL LABORATORY
REQUISITION



**Method of Analysis:**Diasorin
Chemiluminescence

## **Collection Information:**

Minimum volume of serum required is 400 μL for adult or pediatric samples.



**Test Schedule:** Monday-Friday 0800-1600

## **Reference Ranges:**

Age	Range
<1 year:	77-471 pmol/L
1 year - <3 years:	113-363 pmol/L
3 years - <18 years:	108-246 pmol/L
≥18 years:	60-208 pmol/L

### **Comments:**

The test for 1,25 di-OH vitamin D is <u>not</u> useful to assess sufficiency of vitamin D from diet, supplements, and endogenous synthesis. The 25-OH vitamin D test would be more appropriate for that purpose.

#### **Appropriate Indications for 1,25 di-OH Vitamin D Testing:**





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1,25-DIHYDROXY VITAMIN D, SERUM/ PLASMA

- RENAL FAILURE
- RENAL TUBULOPATHY
- SARCOIDOSIS
- UNEXPLAINED HIGH PARATHYROID HORMONE LEVEL
- PEDIATRIC ENDOCRINOLOGY CONCERN (E.g. vitamin D-dependent rickets)

When 1,25 di-OH vitamin D testing is being ordered in Cerner, one of these appropriate indications for testing will need to be selected to allow the order to proceed. The options will be: **Renal failure, Tubulopathy, Sarcoidosis, Unxplaind hiPTH, Pediatrc endocr.** 

### **Storage and Shipment:**

Store and ship serum/plasma frozen.