



Pathology and Laboratory Medicine

ALPHA
FETOPROTEIN
(NONPREGNANCY),
PLASMA/ SERUM

# Orderable - AFPN Turn Around Time: 4 hours

## **Alternate Name(s):**

Alphafetoprotein AFP



**Laboratory:** Core Lab



Requisition:

GENERAL LABORATORY REQUISITION



Method of Analysis:

Roche

Electrochemiluminescence

### Specimen:

Adult	Pediatric
4.5 mL Light Green top	0-2 years: 0.5 mL Light Green top
(Li-Heparin) Vacutainer	Microtainer
tube	2-10 years: 3 mL Light Green top
	Vacutainer tube
Red, Gold, or Lavender (EDTA) top tubes are also acceptable	

# **Collection Information:**

Minimum volume of plasma or serum required is 700  $\mu L$  for adult samples or 200  $\mu L$  for pediatric samples.



**Test Schedule:** As required

### **Reference Ranges:**

> 5 years: ≤ 7 μg/L

Literature indicates that from birth to 1 month of age, expected AFP values are up to 18,964  $\mu$ g/L for girls and up to 16,387  $\mu$ g/L for boys. From 1 month to 12 months of age, expected values are up to 77  $\mu$ g/L for girls and up to 28  $\mu$ g/L for boys. The AFP level continues to fall slowly until adult levels are reached at about 5 years of age.

## **Interpretive Comments:**

Used as a tumour marker for non-seminomatous germ cell tumours and hepatocellular carcinoma. Not recommended for cancer screening in the general population.





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Levels can also be increased in other diseases such as acute viral hepatitis, chronic active hepatitis, and liver cirrhosis.

Alpha fetoprotein is increased in pregnancy and is a part of prenatal maternal serum screening for Down syndrome and open neural tube defects (see Maternal Serum Screen).

# **Comments:**

Biotin may interfere with this test. Samples should not be taken from patients receiving high biotin doses (i.e. > 5 mg/day) until at least 8 hours after the last biotin administration.