

Pathology and Laboratory Medicine

#### HAPTOGLOBIN

# **Orderable - HAPT**

Turn Around Time: 4 hours

## Alternate Name(s):

HPT

## Specimen:

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Laboratory: Core Lab

Requisition: GENERAL LABORATORY REQUISITION

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Method of Analysis: Turbidimetry

Adult	Pediatric	
4.5 mL Green top	0-2 years: 0.5 mL Light Green or	
Vacutainer or 5 mL Gold	Gold top (Li-Heparin) Microtainer	
top Vacutainer tube	2-10 years: 3 mL Light Green or	
	Gold top (Li-Heparin) Vacutainer	
	tube	
Serum from a 5 mL Gold top or 6 mL Red top is also		
acceptable.		

## **Collection Information:**

Collect blood aseptically in a Vacutainer tube.



Test Schedule: Daily

Avoid hemolysis.

#### **Reference Ranges:**

Age	Range
0-<15 days	0.00-0.12 g/L
15 days-<1 year:	0.00-2.38 g/L
1-<12 years:	0.00-1.76 g/L
12-<19 years:	0.00-1.93 g/L
>19 years	0.30-2.00 g/L

#### **Interpretive Comments:**

May be decreased in intravascular hemolysis and in hepatocellular damage, haptoglobin is an acute phase protein.



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#### **Comments:**

Turbidimetric assays not suitable for measurement of highly lipemic or hemolytic samples or samples containing high levels of circulating immune complexes.

A low plasma haptoglobin level is a very sensitive indicator of hemolysis and is slow to normalize after recovery. To monitor hemolysis, hemoglobin and lactate dehydrogenase are more useful markers. Repeat haptoglobin testing is not indicated for at least 2 weeks and may remain low even once hemoglobin has normalized.

### **Storage and Shipment:**

Specimen is stable for 3 months at 20-25°C.