

## COVID TESTING FOR INDUCTIONS AND C-SECTIONS

Due to the increased number of COVID cases that are occurring in our community, it is **mandatory that you receive a COVID-19 test 3 days prior to your scheduled Induction / C-section date**

**\*\*Please Note:** The testing centres only book up to five days in advance.  
**To ensure you can *schedule your testing appointment 3 days before your hospital admission*, you must visit the website 7 - 8 days before your surgery date.**

In **London/Middlesex area** please **book an appointment to be tested** for COVID-19 at either of the following locations:

- **Carling Heights Community Centre**  
656 Elizabeth St, London, ON  
Open Mon - Fri 9am - 5pm  
Phone: (519) 685-8500 ext. 75503
- **My Health Testing Centre**  
279 Wharnccliffe Road North, Suite  
024, London, ON  
Phone: 1-888-637-8661

**\*\*We recommend scheduling a testing time in advance, online.** You can also schedule a test by calling the testing centre.

**If you are outside of the London/ Middlesex region, please contact a testing site in your area and ask how to register for your COVID-19 test, required 3 days before your scheduled induction/c-section. You can search for a testing site in your area online at: [www.covid\\_19/ontario.ca/assessment-centre-locations](http://www.covid_19/ontario.ca/assessment-centre-locations) (or search online for COVID Testing in Ontario).**

**Book your test, online, at <https://covidtestinglm.ca/>**

1. Click: 

2. Next, **select desired testing location:**

 Carling Assessment Centre

 MyHealth Testing Centre

3. Follow the remainder of scheduling instructions

**\*\*Once your test has been completed, it is important that you remain isolated and avoid any unnecessary contact outside of your household. Ask visitors to wear a mask to protect yourself and practice careful hand hygiene.**

**\*\*You do not need to print your test results to bring to hospital as your hospital team will have access to this information.**

We thank you for your commitment to keeping patients and staff safe. If you have any questions please feel free to reach out to **your physician's secretary or 519-685-8500 ext 58438**