# PREPARE FOR YOUR APPOINTMENT WITH YOUR SYMPTOMS MATTER

## **WHAT**

Your Symptoms Matter is a tool which helps patients rate their symptoms before each booked visit to the hospital. This helps your health care team determine if there are changes in symptoms that may need to be explored. It's easy to fill out in-hospital at a kiosk or at home with a personal device.

# WHY

Your Symptoms Matter is important because it helps you and your healthcare team to:

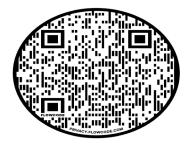
- Observe and treat your symptoms early
- Talk about symptoms that matter most to you
- Decide on the best treatment to manage your symptoms

## **WHEN**

You can complete the Your Symptoms Matter tool up to one day before each booked visit to the hospital. If you are unable to fill out yourself, ask a caregiver to follow the instructions below and fill it out using your answers.

It's easy to complete Your Symptoms Matter in only a few minutes. You can complete it three ways:

A) Use your personal device to scan the Quick Response (QR) code:



#### **HOW**

B) Visit the website to report your symptoms:

Step 1: Go to: https://isaac.cancercare.on.ca/ on your device

Step 2: Type in your Ontario Health Card Number (or Medical Record

Number) and press "Start"

Step 3: Select the hospital where you are booked to visit and click "Next"

Step 4: Answer all the questions and press "Submit" when finished.

C) Complete the questionnaire at a designated kiosk in the hospital.

NOTE: You also have the option to complete Your Symptoms Matter before your appointment in-clinic, by using the Your Symptoms Matter kiosks or iPads located in the Cancer Centre.

If you have any questions about completing Your Symptoms Matter please speak with your care team.

