

RENAL PATIENT AND FAMILY ADVISORY COUNCIL
Virtual WebEx MEETING MINUTES
Wednesday February 8th, 2022
4:00pm to 6:30pm

In Attendance: Ashley Papathanassiou (Facilitator), Don Bester (Manager), Kathy MacKay, Cathy DuVal, April Herod, Dr. Rehman

Minutes: Ashley Papathanassiou

Guest Speaker(s): Amy Langhorn: Seniors for Seniors

Regrets/Absent: Terri Chanda, Pamela Ireland, Kathleen Anderson

	Agenda Item	Discussion	Motion/Action Plan/ Follow-up
1.0	1.1 Welcome	- Welcome Everyone!	
	1.2 Guest Speaker: Amy Langhorn: Seniors for Seniors community projects and programs	<ul style="list-style-type: none"> ○ Guest Speakers: Amy Langhorn: Seniors for Seniors community projects and programs - Amy is rep for London and surrounding area. Seniors for Seniors covers Southwestern Ontario and offers employment opportunities for senior's, often retired health care workers, who help support seniors in their area. Seniors are hired via thorough interview process and all employees work under stringent COVID protocols. Services provided include fully insured driving services (to and from appointments, with options to actually stay 	- Ashley to send contact details to group.

	<p>1.3 Meeting Minuets from January</p>	<p>with patient during the appointment process to helps with navigating the hospital environment) with min of 24 hours notice for weight baring individuals, assistance with grocery shopping, pet sitting, house cleaning and day to day meal prep, and other individualized support on an as needed basis. Having retired healthcare workers employed under the service enables the ability to provide respite care and overnight companionship, assistance with ADL's, home assessment, and assistance with individuals with cognitive impairment. Services start at \$28/hour, driving service starting at \$30/hour. Always actively hiring, receiving a lot of referrals for care, including referrals from VON and other home care providers to help provide that extra support needed.</p> <p>- Meeting minuets January. Approved</p>	
<p>2.0</p>	<p>Items:</p> <p>2.1 Co-Chair Election: Previous Group Discussion – Confirmation of Delegate</p> <p>Valentines celebration/Thank you to staff/patients: Approval before posting.</p>	<p>2.1 Co-Chair Election: Previous Group Discussion: Deb Agrees to taking position of co-chair. Thank you Deb, and congratulations!</p> <p>2.2 Valentine Thank you for Staff created.</p>	<p>- Approved! Ashley to send to Staff on Feb 14th.</p>

	<p>2.3 Staff “award” or acknowledgement from patient nominations – How to facilitate</p> <p>2.4 Pt Spotlight in the Spring Kidney Corner: patient hobbies or life outside of dialysis</p> <p>2.5 ORN PFAC – Potential Opportunity – Ashley</p>	<p>2.3 Ideas: QR Code, maybe suggestion box in the units and at front door. This time: include slip in Kronicle with instructions on how to provide nominations.</p> <p>Might have to look at multiple means of communication to reach both incentre and home patients</p> <p>Provide opportunity for both patients and families to provide communications/nominations</p> <p>2.4 No ideas suggested. Members will ask around to others in their unit about hobbies and interest.</p> <p>2.5 Bonnie has reached out regarding an open position on the ORN PFAC. Looking for interested parties and looking to have greater communications between ORN and hospital PFACS</p>	<ul style="list-style-type: none"> - Revisit ideas next meeting. - Ashley to put clip into Kronicle when mailing. - Revisit - No immediate interest. Ashley will send contact info to PFAC.
3.0	3.1 World Kidney Day Planning: Time to finalize (Plan for both table & virtual) – Ashley	<p>Table: Swag, KF info, bring out dialysis machine & PD machine, set table up at VH.</p> <ul style="list-style-type: none"> - Play power point on waiting area TV's -Show link for progressive muscle relaxation 	<ul style="list-style-type: none"> - Ashley to reach out about setting table up. Will do so in late Feb to let COVID settle a bit.

	3.2 Satellite Visits: When to revisit our ability to attend	<p>*Can we issue story with LHSC Newsletter: focus on staying healthy with CKD, maintaining better kidney function.</p> <p>Dr Rehman: Put together items to highlight for maintaining optimal health with CKD</p> <p>SW: Mental Health supports for CKD pts (Ashley to ask) RD: Dietary info for optimal health (Ashley to ask)</p> <p>Virtual: Can we look at using TV's in waiting areas to broadcast info, or play power point.</p> <ul style="list-style-type: none"> - Include link for Progressive Muscle Relaxation. - Look at holding table at Vic, higher volume of traffic. Need to ensure we are able to do so with COVID numbers/restrictions. <ul style="list-style-type: none"> - Not quite ready 	<ul style="list-style-type: none"> - Power Point to be created once documents obtained. - Don to keep us updated on policy.
4.0	4.1 Indigenous Engagement Update	<ul style="list-style-type: none"> - No Updates. 	-
	4.2 Renal Exec.	<ul style="list-style-type: none"> - No Updates. Last meeting canceled. 	-
	4.3 Transplant Work Up Desk Assessment	<ul style="list-style-type: none"> - Currently in process of compiling Welcome Package and Passport. Will show PFAC once complete and NCM/Tx team have reviewed. 	<ul style="list-style-type: none"> - Ashley to provide update as things progress

5.0	<i>Upcoming Meetings</i>	Next Meeting Date: Tuesday March 8 th <i>Up-Coming Meeting dates:</i> Wednesday April 5 th Tuesday May 10 th Wednesday June 8 th	
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