

# CORTISOL, SALIVA

## Orderable - SCOR

Turnaround Time: 7 days

### Alternate Name(s):

Salivary Cortisol

### Specimen:

Saliva

### Collection Information:

#### [Specimen Collection Instructions for Salivary Cortisol.](#)

Patients are to be given a requisition form for salivary cortisol. They may obtain a saliva collection kit from the Lab Test Centre. Once collected, patients are to return the specimen and the requisition form to the Outpatient Clinic or Lab Test Centre to be forwarded to the Core Laboratory. Specimen date and time of collection must be included on the specimen and on the requisition form.

Samples contaminated with blood are unacceptable.

### Reference Ranges:

Collection Time	Range
6 - 10 am	< 24.1 nmol/L
4 - 8 pm	< 9.7 nmol/L
11:30 pm - 12:30 am	< 7.3 nmol/L

Please note change in reference intervals as of November 8, 2023.

### Special Processing:

Centrifuge specimen (whole tube) for 15 minutes. Remove and discard insert tube. Freeze saliva.



**Laboratory:**  
Core Lab



**Requisition:**  
GENERAL LABORATORY  
REQUISITION



**Method of Analysis:**  
Roche  
Electrochemiluminescence



**Test Schedule:**  
Tuesday afternoons