

The Peer Support Program supports patients in the Verspeeten Family Cancer Centre

00:00:00:000 - 00:00:03:069

Christiana Arsenault, patient

My most recent diagnosis was two years ago.

00:00:03:069 - 00:00:07:307

Christiana Arsenault, patient

My breast cancer had spread, and it went to my lungs.

00:00:07:307 - 00:00:12:712

Christiana Arsenault, patient

So right now, I'm under therapy for that, and I'm taking chemotherapy.

00:00:12:712 - 00:00:17:083

Christiana Arsenault, patient

I'm Christiana Arsenault, and I'm here talking about the Peer Support Program.

00:00:17:083 - 00:00:19:486

Christiana Arsenault, patient

I heard about the program through my sister.

00:00:19:486 - 00:00:26:459

Christiana Arsenault, patient

Maybe being able to talk to someone who's gone through the same experiences or similar would be a nice thing to do.

00:00:26:459 - 00:00:31:498

Christiana Arsenault, patient

I got a lot more out of it than just talking about cancer. I'm always able to tell her

00:00:31:498 - 00:00:37:070

Christiana Arsenault, patient

what's going on, what the latest thing is, and feel comfortable that she gets where I'm coming from.

00:00:37:070 - 00:00:39:873

Christiana Arsenault, patient

It's not something that you have to schedule every week.

00:00:39:873 - 00:00:42:675

Christiana Arsenault, patient

You can schedule it whenever you want to.

00:00:42:675 - 00:00:47:580

Christiana Arsenault, patient

This gives you an opportunity to talk to somebody without fear

00:00:47:580 - 00:00:53:853

Christiana Arsenault, patient

of hurting their feelings or making them feel uncomfortable, that they know what you're going through.

00:00:53:853 - 00:00:56:856

Christiana Arsenault, patient

So, you're able to share that experience.