



# London Health Sciences Centre

## BMD REQUISITION

Scheduling and Bookings Information:

**Phone:** 519-685-8770 **Fax:** 519-667-6826

**Date** (YYYY/MM/DD): \_\_\_\_\_

### PATIENT INFORMATION: (Plate)

**NAME:** \_\_\_\_\_

Last

First

**PIN #:** \_\_\_\_\_ ☐ MALE ☐ FEMALE

**DOB (YYYY/MM/DD):** \_\_\_\_\_

**HC#:** \_\_\_\_\_ **VERS. CODE:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**PLEASE PRINT WHEN COMPLETING FORM**

### Physician Information or Other Authorized Health Care Provider:

Name (Last, First): \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Provider Billing #: \_\_\_\_\_

Provider Signature: \_\_\_\_\_

Copy to: \_\_\_\_\_

### Patient Information Continued:

Most recent BMD scan (YYYY/MM/DD): \_\_\_\_\_

Location of last scan: \_\_\_\_\_

Next BMD scan due (YYYY/MM/DD): \_\_\_\_\_

Does this patient have any special needs or impairments? (Please specify): \_\_\_\_\_

### Exam Type:

- ☐ Baseline (once per lifetime and patient over 65 years of age; or for younger patients, risk factor(s) must be checked below)
- ☐ High Risk Follow-Up (1 year + a day since previous; must check at least one risk factor below)
- ☐ Low Risk 2<sup>nd</sup> BMD – 36 months since previous
- ☐ Low Risk Follow-Up 3<sup>rd</sup> BMD and Subsequent – 60 months since previous

#### Clinical Indication (reason for exam)

(Check ALL THAT APPLY ☒)

- ☐ Anorexia Nervosa
- ☐ Asymptomatic Primary Hyperparathyroidism
- ☐ Corticosteroid Therapy
- ☐ Chronic Renal Failure
- ☐ Crohn's disease or ulcerative colitis
- ☐ Cushing's Syndrome
- ☐ Estrogen Deficiency (female)
- ☐ Height loss of more than 2 inches
- ☐ Hyperthyroidism, Hyperparathyroidism
- ☐ Insulin-dependent diabetes
- ☐ Longstanding poor mobility (e.g., following a stroke, Parkinson's disease, or spinal injury)
- ☐ Malabsorption
- ☐ Osteomalacia
- ☐ Osteoporosis
- ☐ Ovarian or Testicular Hypofunction
- ☐ Pre-transplant Evaluation
- ☐ Prostate Cancer (male)
- ☐ Radiographic Osteopenia
- ☐ Renal Osteodystrophy
- ☐ Rheumatoid Arthritis
- ☐ Testicular Dysfunction (male)
- ☐ Use of Depo Provera
- ☐ Use of post breast cancer drug therapy
- ☐ Vertebral Abnormality
- Other: \_\_\_\_\_

#### Medical Information Questionnaire:

(Must be completed in full)

**Yes No**

- ☐ ☐ Do you have a family history of osteoporosis?
- ☐ ☐ Are you post-menopausal?  
If yes, at what age was your last menstrual period? (Age) \_\_\_\_\_
- ☐ ☐ Have you had your uterus removed (Hysterectomy)?  
If yes, at what age was it removed? (Age) \_\_\_\_\_
- ☐ ☐ Have you had either ovary removed (Oophorectomy)?  
If yes, at what age was it removed? (Age) \_\_\_\_\_
- ☐ ☐ Do you presently take estrogen or progesterone medications?
- ☐ ☐ Do you take thyroid medication regularly?
- ☐ ☐ Do you take prednisone or another steroid medication regularly?
- ☐ ☐ Did you ever fracture (break) your hip?
- ☐ ☐ Did you ever fracture (break) your spine?
- ☐ ☐ Did you ever fracture (break) your wrist?
- ☐ ☐ Have you had other fractures (breaks) since age 40?
- ☐ ☐ Have you had surgery on either of your hips?
- ☐ ☐ Have you had surgery on your spine?

#### Contraindications:

- Suspected pregnancy
- Within 5 days of scheduled appointment, administration of radiopaque contrast (such as barium for Upper GI study, Barium Enema, CT with barium)
- Within 3 days of scheduled appointment, administration of nuclear medicine radioactive isotope?

### FOR OFFICE USE ONLY: