

REFERRAL FORM

COMPREHENSIVE PAEDIATRIC HEADACHE CENTRE

Division of Paediatric Neurology
Children's Hospital, London Health Sciences Centre
800 Commissioners Rd. E., London, ON N6A 5W9



Children's Hospital
London Health Sciences Centre

Tel: 519-685-8500 x57455 | Fax: 519-685-8350

Date of Referral: _____

Urgency: ☐ Urgent ☐ Non-Urgent

If URGENT, indicate why: _____

Patient Information

Name: _____
DOB: _____
HCN: _____
Gender: _____
Pronouns: ☐ She/Her ☐ He/Him ☐ They/Them ☐ _____

Address: _____
Telephone: _____
Guardian name(s): _____
Email: _____
Language(s) spoken: _____

Interpreter required? ☐ No ☐ Yes

Referring Provider Information

Name: _____
Organization: _____
Address: _____
Telephone: _____
Fax: _____

☐ Referring provider is not the Primary Care Provider

PCP Name: _____

PCP Telephone: _____

Reason for Referral

What is the clinical question or concern?

Headache onset: when did the headache start? _____

Headache frequency: ☐ Intermittent : _____ days/week _____ days/month _____ days/year
☐ Daily
☐ Daily and constant (24/7)

Neurologic exam: ☐ Normal ☐ Abnormal: _____

Fundoscopy exam: ☐ Normal ☐ Abnormal: _____

Last eye exam: ☐ Normal ☐ Abnormal: _____

Date: _____ (attach report)

Neuroimaging completed? ☐ No ☐ Yes (attach report, if external to LHSC)

Prior headache specialist seen? ☐ No ☐ Yes (attach report)

Headache diary kept? ☐ No ☐ Yes (attach, if available) Canadian Migraine Tracker app recommended.

school days missed (per year): _____

ER visits (per year): _____

visits to see you (per year): _____

MEDICATIONS

Acute/Rescue	Dose	Previous	Current	# of days used per month
Triptan(s)		☐	☐	
NSAID(s)		☐	☐	
Acetaminophen		☐	☐	
		☐	☐	

Preventative	Dose	Previous	Current	Outcome/Side Effects
Amitriptyline		☐	☐	
Topiramate		☐	☐	
Propranolol		☐	☐	
		☐	☐	
		☐	☐	
		☐	☐	

Please Attach: Investigations, imaging results, and other headache consults/notes.

Before sending referral, or while awaiting headache centre appointment, please review treatment guidelines:

https://migrainecanada.org/wp-content/uploads/2026/06/Pediatric_Dosing_guide_2026.pdf

Our clinic has a long wait list to see new patients, if your patient needs to be seen urgently, please consider a referral to pediatric neurologists/community partners of the Comprehensive Paediatric Headache Centre. Please check our website for the list: Dr. Stephanie Hammond, Dr. Hema Puroshotham and Dr. Hema Gangnam

Please note that as headache is a tertiary specialty, we may not be able to follow this patient long-term. This patient may be discharged to their PCP after a few appointments with recommendations provided.