### Sample letter of support

President's Office London Health Sciences Centre, Room C3-124 VH 800 Commissioners Road E. London, ON N6A 5W9

# Re: LHSC President's Award Nomination – Sophia Smith Community Service

I am pleased to write this letter in support of nominating Sophia Smith for a President's Award for Community Service. Sophia has worked at LHSC for three years and she is an active member of the community.

### Initiative

Sophia has been coaching hockey since her kids started playing. The league needed more parent coaches in order to start the season, and Sophia didn't want her kids or anyone in the community to miss out on the team experience. She stepped up and how coaches both her son and daughter's teams.

#### Innovation

Sophia has been volunteering at the local animal shelter for 10 years. She loves animals, and spends hours every week playing and cuddling with her furry friends. In her time at the shelter, she experienced the adoption process and felt some improvements could be made. Sophia offered a streamlined option that simplified the process for both the shelter and those looking to adopt.

#### Impact

As part of her role on the animal shelter board of directors, Sophia also helps to coordinate a monthly animal visit to a retirement home. The animals get extra love that day and the older people living in the home get to enjoy being with the animals which brightens their day! This has even inspired some of the retirement home employees and visitors to adopt animals from the shelter.

#### Commitment

On top of working full time hours, Sophia volunteers on the animal shelter board, coaches youth hockey and helps out at various charity events through the year. Sophia is dedicated to being present at the animal shelter weekly and she can be found at the arena several times a week during the winter months. In the summer, Sophia loves to get her kids, friends and co-workers involved in the many events she volunteers for or participates in.

#### Inspiration

Sophia is an inspiration to everyone in our department. She has a positive and friendly attitude with everyone at LHSC. I am proud to be Sophia's friend and I've been inspired to help the community more just by virtue of her many hours contributed to community service.

# Leadership

Date

Sophia shows her leadership through her role on the animal shelter board of directors and as a coach. She leads by example, shows respect for other people's ideas and encourages the peers and youth she encounters to be their best.

# **Special Qualities**

It is my honour to work alongside Sophia at LHSC and to nominate her for this award. Her main accomplishments in community service are based on her dedication to improving processes and develping helpful programs for the animal shelter. A decade is a long time to give weekly time to a cause where the only reward is the feeling of doing good in the community, but that's Sophia's main motivation. Her role as coach and event volunteer rounds out her community service through the year, and her can-do attitude and inspiring dedication make her an asset to any team.

I can't recommend Sophia enough for her initiative, innovation, impact, commitment, inspiration, and leadership in all her volunteer work for the community. She is an asset to LHSC and our community for all the hard work she does for both.

Sincerely, Nominator