

End of Life Care Checklist

△ EOLC Resource RN/RRT contact for support/information

Pre-meeting:

- Arrange time and place
- Identify all stakeholders to be at meeting (e.g. attending services, etc.)
- Team discussion prior to meeting with family
 - Determine goals of meeting (e.g. update, set limits on care, WDLS, etc.)
- Provide water, chairs and Kleenex
- Obtain quiet room if available
- If RN doubled, contact CN to request change, if possible
- Is patient eligible for NDD/DCD/organ or tissue donation?

Meeting:

- Ask family about tissue/organ donation, autopsy, if appropriate
- Ask family if they would like spiritual care
- Ask family if there are specific cultural or religious practices for dying and after death care (e.g. care of the body)
- Provide support to family
 - Offer to stay behind after meeting and give more specifics

Post-Meeting – room set-up:

- Place quiet signs in Bay and nearest hallway
- Notify staff in Bay
- Put bed in lowest position with side rails down
- Place chairs, Kleenex, water in room (ensure pathway provided for RRT)
- Close curtains/doors
- Remove unnecessary equipment
- Silence all alarms

Orders:

- Receive orders to discontinue all meds, tests, feeds, etc.
- Receive orders for Do Not Resuscitate, etc
- Receive orders for sedation/analgesia with specific parameters for infusions and/or giving boluses (e.g. RR 20)
- Document rationale for ALL use of prns or increased infusion rates
- Receive orders for ventilation in RRT binder
- Receive orders for oral barrier, eye drops, if necessary
- Obtain TGLN #, confirm RNR process is complete

Care of family:

- Offer music
- Explain process of withdrawal and expected findings
- Reassure family that patient will be kept comfortable and ask family to notify you if they feel patient is uncomfortable

Aftercare:

- Ask family if they are coming back to room
- Send belongings with family – ensure documentation
- Determine if Coroner's case and contact as appropriate
- Funeral Home arrangements
- Prepare body for morgue
- Remind MD to notify attending team and family physician

