## Sedation Assessment: VAMAAS

**Ventilator Adjusted: Motor Activity Assessment Scale**

For unventilated patients, score MAAS only. If MAAS >2, screen for delirium.

<table>
<thead>
<tr>
<th>MAAS Score</th>
<th>Description of MAAS</th>
<th>VA Score</th>
<th>Description of VA</th>
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</table>
| 0          | Unresponsive to pain  
Does not move to noxious stimulus.                                                                                                                                                                                   | A        | Minimal coughing; few alarms; tolerates movement                                                   |
| 1          | Opens eyes and/or moves to pain only  
Opens eyes *OR* raises eyebrows *OR* turns head towards stimulus *OR* moves limbs with noxious stimulus.                                                                                       | B        | Coughing, frequent alarms when stimulated; settles with voice or removal of stimulus              |
| 2          | Opens eyes and/or moves to voice  
Opens eyes *OR* raises eyebrows *OR* turns head towards stimulus *OR* moves limbs when touched or name is spoken.                                                                                   | C        | Distressed, frequent coughing or alarms; high RR with normal/low PaCO2                              |
| 3          | Calm and cooperative  
No external stimulus is required to elicit movement *AND* patient is adjusting sheets or clothes purposefully and follows commands.                                                                               | D        | Unable to control ventilation; difficulty delivering volumes; prolonged coughing                   |
| 4          | Restless but cooperative; follows commands  
No external stimulus is required to elicit movement *AND* patient is picking at sheets or tubes *OR* uncovering self & follows commands                                                               |          |                                                                                                      |
| 5          | Agitated; attempts to get out of bed; may stop behaviour when requested but reverts back  
No external stimulus is required to elicit movement *AND* patient is attempting to sit up *OR* moves limbs out of bed *AND* does not consistently follow commands (e.g. will lie down when asked but soon reverts back to the attempts to sit up or move limbs out of bed).  |          |                                                                                                      |
| 6          | Dangerously agitated; pulling at tubes or lines, thrashing about; does not obey commands  
No external stimulus is required to elicit movement *AND* patient is attempting to sit up *OR* thrashing side to side *OR* striking staff *OR* trying to climb out of bed *AND* doesn’t calm down when asked. |          |                                                                                                      |