DECISION TREE FOR LEAST RESTRAINT IN CCTC

Assess Patient Behaviour

Is Pain Controlled?

YES

Is Anxiety Controlled?

NO

Assess and Treat Other Causes of Agitation
Sleep deprivation
Hypoxemia or Hypercapnia
Malfunction of devices (catheter, epidural, vent)
Electrolyte imbalance
Acute Withdrawal
Ready to Extubate
Drug Interaction/reaction
Constipated or wants to have BM

NO

Provide Analgesia
Remains Restless

Provide Anxiolytics
Remains Restless

Is Behaviour Management Achieved?

YES

Continue to Monitor Behaviour

NO

Are alternative measures appropriate?

YES

Implement Alternative Measures
Diversion/redirection/reorientation
Decrease sensory stimuli
Allow rest/sleep
Cover IV sites
Hearing aids/glasses
Family member to sit with patient

NO

Implement Restraints as per Policy
Apply appropriate restraints
Obtain verbal consent from family
Monitor, document and re-evaluate
Continue to explore alternatives

Are Alternatives Effective?

YES

Remove restraint
Assess/monitor
Preventative strategies

NO

Continue appropriate restraint
Monitor, document, re-evaluate
Continue to explore alternatives

Is the acute situation resolved?

YES

NO