

**LEGIONELLA** A disease that is generally not a threat to most healthy individuals, but tends to cause illness in the elderly and those with a compromised immune system.

*Is Legionnaires' disease contagious?*

Legionnaires' disease is not contagious. No special precautions are necessary. The disease is transmitted via drinking water. There is no evidence that the disease is transmitted from one person to another.

*How do people contract Legionella?*

New evidence suggests that “aspiration“ is the most common means of contracting Legionella. Also, inhalation of aerosols, fine sprays, mists or other microscopic droplets of water contaminated with Legionella provide direct access into the lungs.