

# Agitation Assessment: VAMAAS

## Ventilator Adjusted: Motor Activity Assessment Scale

For unventilated patients, score MAAS only. If MAAS  $\geq 2$ , screen for delirium.

MAAS Score	Description of MAAS	VA Score	Description of VA
0	Unresponsive to pain Does not move to noxious stimulus.	A	Minimal coughing; few alarms; tolerates movement
1	Opens eyes and/or moves to pain only Opens eyes <b>OR</b> raises eyebrows <b>OR</b> turns head towards stimulus <b>OR</b> moves limbs with noxious stimulus.	B	Coughing, frequent alarms when stimulated; settles with voice or removal of stimulus
2	Opens eyes and/or moves to voice Opens eyes <b>OR</b> raises eyebrows <b>OR</b> turns head towards stimulus <b>OR</b> moves limbs when touched or name is spoken.	C	Distressed, frequent coughing or alarms; high RR with normal/ low PaCO <sub>2</sub>
3	Calm and cooperative No external stimulus is required to elicit movement <b>AND</b> patient is adjusting sheets or clothes purposefully and follows commands.	D	Unable to control ventilation; difficulty delivering volumes; prolonged coughing
4	Restless but cooperative; follows commands No external stimulus is required to elicit movement <b>AND</b> patient is picking at sheets or tubes <b>OR</b> uncovering self & follows commands		
5	Agitated; attempts to get out of bed; may stop behaviour when requested but reverts back No external stimulus is required to elicit movement <b>AND</b> patient is attempting to sit up <b>OR</b> moves limbs out of bed <b>AND</b> does not consistently follow commands (e.g. will lie down when asked but soon reverts back to the attempts to sit up or move limbs out of bed).		
6	Dangerously agitated; pulling at tubes or lines, thrashing about; does not obey commands No external stimulus is required to elicit movement <b>AND</b> patient is attempting to sit up <b>OR</b> thrashing side to side <b>OR</b> striking staff <b>OR</b> trying to climb out of bed <b>AND</b> doesn't calm down when asked.		