

## INFORMATION SOURCES

**Bluewater Health** ..... 519-464-4400  
 Chemotherapy ..... ext. 5517  
 Social Work ..... ext. 5376  
[www.bluewaterhealth.ca](http://www.bluewaterhealth.ca)

### Canadian Cancer Society

Cancer Information Service.....1-888-939-3333  
 Lambton County Unit..... 519-332-0042  
 Toll Free .....1-877-305-6179  
[www.cancer.ca](http://www.cancer.ca)

### Canadian Red Cross Sarnia-Lambton

..... 519-332-6380  
[www.canadianredcross.ca](http://www.canadianredcross.ca)

**Cancer Care Ontario** .....[www.cancercare.on.ca](http://www.cancercare.on.ca)

**Caregiver Information** .....[www.virtualhospice.ca](http://www.virtualhospice.ca)

### Community Care Access Centre (CCAC)

Sarnia/Lambton ..... 519-337-1000  
 Toll Free .....1-888-447-4468  
 Sarnia-Lambton: [www.ccac-ont.ca](http://www.ccac-ont.ca)

### Community Health Services Department

[www.lambtonhealth.on.ca](http://www.lambtonhealth.on.ca)

**Epilepsy Support Centre** ..... 519-433-4073

Toll Free .....1-866-EPILEPSY  
[www.epilepsysupport.ca](http://www.epilepsysupport.ca)

### Interlink Community Cancer Nurses:

For children with cancer and their families

#### Margaret Warden, RN, BScN

..... 519-685-8300 ext. 57014  
 Toll Free ..... 1-866-313-5437  
 Email: [margaret.warden@lhsc.on.ca](mailto:margaret.warden@lhsc.on.ca)

### London Regional Cancer Program

Nutrition Services.....519-685-8622  
 Patient & Family Library.....519-685-8742  
 Supportive Care ..... 519-685-8622  
[www.lhsc.on.ca/About\\_Us/LRCP](http://www.lhsc.on.ca/About_Us/LRCP)

### Ontario Cancer Research Network

[www.ontariocancertrials.ca](http://www.ontariocancertrials.ca)

## INFORMATION SOURCES (cont'd)

### Ontario Services Canada

Infoline ..... 1-866-532-3161  
 Toll Free ..... 1-800-268-1154  
[www.serviceontario.ca](http://www.serviceontario.ca)  
[www.health.gov.on.ca](http://www.health.gov.on.ca)

### Senior VIP Centre

[www.lambtonseniors.com](http://www.lambtonseniors.com)

### Southwest HealthLine

[www.southwesthealthline.ca](http://www.southwesthealthline.ca)

## MEALS ON WHEELS

### St. Joseph's Hospice Resource Centre

[www.stjosephshospice.ca](http://www.stjosephshospice.ca)

**Wellspring London & Region**..... 519-438-7379

382 Waterloo Street (inside YMCA)  
[www.wellspringlondon.ca](http://www.wellspringlondon.ca)

### Canadian Red Cross Sarnia-Lambton

..... 519-332-6380  
[www.canadianredcross.ca](http://www.canadianredcross.ca)

**Lambton Elderly Outreach**..... 519-845-1353

Toll Free ..... 1-800-265-0203  
 (age 60 and over, disabled, in Sarnia, Lambton and Wyoming)  
[www.lambtonelderlyoutreach.org](http://www.lambtonelderlyoutreach.org)

### Senior VIP Centre

[www.lambtonseniors.com](http://www.lambtonseniors.com)

## PALLIATIVE CARE SERVICES

### Bluewater Health - Norman Site

Palliative Care ..... 519-464-4400

### Community Care Access Centre

**Palliative Care Case Manager** ..... 519-337-1000  
[www.esc.ccac/ont.ca](http://www.esc.ccac/ont.ca)

### Sarnia-Lambton Palliative Care Association

Ann Bignell, Pain & Symptom  
 Management Coordinator..... 519-542-1686  
 After hours or weekends:

**Lambton Hospital Group Palliative Care Unit**  
 ..... 519-464-4500

## PREVENTION/EARLY DETECTION

### VON Hospice Volunteer Visiting

..... 519-542-2310 ext. 4267  
 Toll Free .....1-800-265-1445

**Canadian Cancer Society**..... 519-332-0042

### Community Health Services Department

**Lambton** ..... 519-383-8331  
 Toll Free .....1-800-667-1839  
[www.lambtonhealth.on.ca](http://www.lambtonhealth.on.ca)

### Grand Bend Area Community Health Centre

..... 519-238-2362  
[www.gbachc.ca](http://www.gbachc.ca)

### North Lambton Community Health Centre

..... 519-786-4545  
[www.nlchc.com](http://www.nlchc.com)

### Ontario Breast Screening Program

Bluewater Health.....519-464-4400  
 Toll Free .....1-800-668-9304  
[screenforlife@cancercare.on.ca](mailto:screenforlife@cancercare.on.ca)

## TELEMEDICINE

### London Regional Cancer Program

Telemedicine Support  
 Clinical ..... 519-685-8600 ext. 53685

## TRANSPORTATION

### Canadian Cancer Society

Lambton County Unit .....1-800-263-6750

**Canadian Red Cross**..... 519-332-6380

**Lambton Elderly Outreach** ..... 519-845-1353  
 Toll Free .....1-800-265-0203  
 (age 60 and over, disabled, in Sarnia, Lambton and Wyoming)

## TREATMENT FACILITIES

**Bluewater Health** ..... 519-464-4400  
 Chemotherapy Unit ..... ext. 5517  
[www.bluewaterhealth.ca](http://www.bluewaterhealth.ca)

### London Regional Cancer Program

London Health Sciences Centre ..... 519-685-8600  
[www.lhsc.on.ca/About\\_Us/LRCP](http://www.lhsc.on.ca/About_Us/LRCP)

## CANCER RESOURCES

# Lambton County



- Internet Resources
- Emotional Support
- Places to Stay
- Financial Assistance
- Equipment & Supplies
- Transportation

**Please send updates to Education**

London Regional Cancer Program  
 519.685.8742  
[lrcpeducation@lhsc.on.ca](mailto:lrcpeducation@lhsc.on.ca)

## ACCOMMODATIONS IN LONDON

### London Accommodations with special rates:

[www.lhsc.on.ca/Patients\\_Families\\_Visitors/LRCP/Resources/OtherResources2.htm](http://www.lhsc.on.ca/Patients_Families_Visitors/LRCP/Resources/OtherResources2.htm)

**Ronald McDonald House** ..... 519-685-3232  
741 Baseline Road East (Temporary housing for parents of seriously ill children.)

**St. Joseph's Health Care** ..... 519-646-6021  
51 Alma Street

**Residence Inn** ..... 519-433-7222  
383 Colborne St.

**Windermere on the Mount** ..... 519-432-9863  
1486 Richmond Street North  
[www.reveraliving.com](http://www.reveraliving.com)

## EMOTIONAL SUPPORT

### Bereaved Families of Ontario

Southwest Region ..... 519-686-1573  
Email: [bflondon@rogers.com](mailto:bflondon@rogers.com)  
[www.bfolondon.ca](http://www.bfolondon.ca)

**Bluewater Health** ..... 519-464-4400  
Social Work ..... ext. 5376  
Pastoral Care ..... ext. 5473

### Brain Tumour Foundation of Canada

Support Group (London) ..... 519-642-7755  
Toll Free ..... 1-800-265-5106

### Canadian Cancer Society

Peer Support Program ..... 1-888-939-3333  
Community Office ..... 519-332-0042  
[www.cancer.ca](http://www.cancer.ca)

### Distress Line of Sarnia-Lambton

Tel Check ..... 519-336-0120  
Toll Free ..... 1-800-831-3031  
[www.familycounsellingctr.com](http://www.familycounsellingctr.com)

### Grand Bend Area Community Health Centre

Bereavement Group ..... 519-238-2362  
[www.gbachc.ca](http://www.gbachc.ca)

### Grief Support Network of Sarnia Lambton

..... 519- 344-3131  
Email: [katherine@mckenzieblundy.com](mailto:katherine@mckenzieblundy.com)

## EMOTIONAL SUPPORT (cont'd)

### London Regional Cancer Program

Social Work/Spiritual Care ..... 519-685-8622  
[http://www.lhsc.on.ca/About\\_Us/LRCP/](http://www.lhsc.on.ca/About_Us/LRCP/)

### Multiple Myeloma Support Group

London and Area ..... 519-641-2766  
[www.myelomalondon.ca](http://www.myelomalondon.ca)

### North Lambton Community Health

Social Work ..... 519-786-4545  
[www.nlchc.com](http://www.nlchc.com)

**St. Joseph's Hospice Resource Centre of Sarnia-Lambton** ..... 519-337-0537  
[www.stjosephshospice.ca](http://www.stjosephshospice.ca)

### VON Hospice Volunteer Visiting

..... 519-542-2310 ext. 4267  
Toll Free ..... 1-855-285-2990  
[www.von.ca](http://www.von.ca)

**Wellspring London and Region** ..... 519-438-7379  
382 Waterloo Street (inside YMCA)  
[www.wellspringlondon.ca](http://www.wellspringlondon.ca)

## EQUIPMENT & SUPPLIES

### Assistive Devices Program (Ontario)

Toll Free ..... 1-800-268-6021  
[www.health.gov.on.ca/en/public/programs/adp](http://www.health.gov.on.ca/en/public/programs/adp)

**Canadian Cancer Society** ..... 519-332-0042  
Toll Free ..... 1-877-305-6179  
[www.cancer.ca](http://www.cancer.ca)

**Lambton Public Health** ..... 519-383-8331  
[www.lambtonhealth.on.ca](http://www.lambtonhealth.on.ca) or ..... 1-800-667-1839  
[www.lambtonhealth.on.ca](http://www.lambtonhealth.on.ca)

### Canadian Cancer Society – Lambton County

Wig & Turbans ..... 519-332-0042  
Toll Free ..... 1-877-305-6179

### Canadian Cancer Society Wig & Turban Shop

London Regional Cancer Program  
(Volunteer Office Room A1-901) ..... 519-685-8603

**Canadian Red Cross Equipment Rental**  
..... 519-332-6380

## EQUIPMENT AND SUPPLIES (cont'd)

**Lambton Pro Resp** ..... 519-332-3325  
(Respiratory Supplies) or ..... 1-800-265-1471  
[www.proresp.com](http://www.proresp.com)

### Shopper's Home Health (Sarnia)

Exmouth Street ..... 519-344-9797

## FINANCIAL ASSISTANCE\*

### Canada Pension Plan - Disability Benefits

..... 1-800-277-9914  
[www.esdc.gc.ca/eng/disability/benefits](http://www.esdc.gc.ca/eng/disability/benefits)

### Canadian Revenue Agency - Medical Expenses

Income Tax Information ..... 1-800-959-8281  
[www.cra-arc.gc.ca](http://www.cra-arc.gc.ca)

### Community Legal Assistance - Sarnia

Advocacy and appeals for government  
Assistance programs ..... 519-332-8055  
Toll Free ..... 1-888-916-2527

### Employment Insurance Benefits:

Sick Benefits and Compassionate Care  
..... 519-464-5025  
Toll Free ..... 1-800-206-7218  
[www.servicecanada.gc.ca](http://www.servicecanada.gc.ca)

### London Regional Cancer Program

Patient Assistance Program ..... 519-685-8622  
[www.lhsc.on.ca/Patients\\_Families\\_Visitors/LRCP/](http://www.lhsc.on.ca/Patients_Families_Visitors/LRCP/)

### Ministry of Community & Social Services

**Ontario Disability Support Program:**  
Sarnia Office ..... 519-337-3735  
Toll Free ..... 1-800-663-7633  
[www.mcss.gov.on.ca](http://www.mcss.gov.on.ca)  
Lambton Shared Services Centre  
150 Christina Street North - Bayside Mall  
Sarnia, Ontario N7T 8H4  
..... 334-344-2057

### Services Ontario

Toll Free ..... 1-800-268-1154  
Information Line ..... 1-866-532-3161  
[www.serviceontario.ca](http://www.serviceontario.ca)

## FINANCIAL ASSISTANCE\* (cont'd)

### Ontario Trillium Drug Program

Toll Free 1-800-575-5386  
[www.health.gov.on.ca](http://www.health.gov.on.ca)  
Email: [trillium@ontariodrugbenefit.ca](mailto:trillium@ontariodrugbenefit.ca)

### Ontario Works - Social Services

Toll Free 1-888-748-8895  
[www.mcss.gov.on.ca](http://www.mcss.gov.on.ca)

### Veterans Affairs Canada

Toll Free ..... 1-866-522-2122  
[www.veterans.gc.ca](http://www.veterans.gc.ca)

*\*Eligibility criteria can change. Contact the program you are interested in, or have someone do this on your behalf, to confirm eligibility.*

## HOME, HEALTH and PERSONAL SUPPORT SERVICES

### Aboriginal Health Centres:

E'Mino Bmaad-Zijig Gamig  
Aamjiwnaang First Nation ..... 519-332-6770  
Kettle & Stony Point ..... 519-786-5647  
Email: [dianneg@ksphs.on.ca](mailto:dianneg@ksphs.on.ca)  
Walpole Island ..... 519-672-0765

**Bayshore Healthcare** ..... 519-383-6979

### Community Care Access Centre

Sarnia Lambton ..... 519-337-1000  
Toll Free ..... 1-888-447-4468  
[healthcareathome.ca](http://healthcareathome.ca)

### Community Occupational Therapy Services

..... 519-786-4545 ext. 265

**Canadian Red Cross** ..... 519-332-6380

**Lambton Elderly Outreach** ..... 519-845-1353

Toll Free ..... 1-800-265-0203  
[www.lambtonelderlyoutreach.org](http://www.lambtonelderlyoutreach.org)

**VHA Home Healthcare** ..... 1-866-309-1115

..... 519-351-4414  
[www.vha.ca](http://www.vha.ca)

**VON Sarnia Lambton** ..... 519-542-2310

Toll Free ..... 1-800-265-7530  
[www.von.ca](http://www.von.ca)

*Check Yellow Pages under Nurses or Home Health.*