

# PRENATAL DIAGNOSTIC TESTING PROCEDURE

DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

## LOCATION/DIRECTIONS

- Enter off Baseline Road and turn right to get to Zone B / Parking Garage P8
- Levels 2 to 4 of the P8 Parking Garage are designated visitor parking
- Enter the B Zone, North Tower, either from Entrance B or through the walkway on the second floor of the parking garage
- Once in the main building, take the elevators to Level 5
- On Level 5, turn left and register in the **Ultrasound Waiting Room (Room B5-107)**
- You should expect to be at LHSC for approximately 1-2 hours.

## PREPARATION PRIOR TO PROCEDURE

- Do not arrive with a full bladder. Bring water with you to drink after you have registered, in preparation for the procedure.
- You may eat and drink prior to your procedure.
- Plan on bringing someone to the appointment with you who can drive you home following the procedure.

## INSTRUCTIONS FOLLOWING THE PROCEDURE

- Refrain from strenuous activity and any heavy lifting for 24-48 hours following the procedure. We do recommend that you take the entire day of the procedure off from work.
- Minor cramping often occurs following the procedure. However, if cramping persists or worsens notify your doctor and go to the emergency department of your local hospital.
- Minor spotting sometimes happens following the procedure. If you are experiencing constant vaginal bleeding, unusual vaginal spotting, loss of vaginal fluid, constant backache or fever, notify your doctor or go to the emergency department of your local hospital.
- If you have any questions you may contact us at the Genetic Clinic at (519) 685-8140. We will notify you with results as soon as they are available.

**EXPECT RESULTS IN APPROXIMATELY 2-4 WEEKS.**