



Please Note

Clean hands are the most important step in controlling the spread of infection.

How to Hand Rub



Visitors' Guidelines



VISITORS' GUIDELINES

LHSC's core values include respect, trust and collaboration. These values, and our commitment to being patient and family centered, guide how we provide care at this hospital.

Hospital visits are based on the condition, care needs and expressed wishes of each patient. For this reason, visiting times may vary between patients and among units.

On the patient floors, please note that nursing reports and **shift changes occur between 7-8 am and 7-8 pm each day.** We ask that you **avoid visiting or calling during these time periods if possible.**

Visitors are important to our patients; however, nurses may need to interrupt your visit to provide patient care. As well, visiting may be restricted to protect the privacy rights of other patients or to maintain safety and security.



During your visit, we ask you to follow these guidelines to help reduce the spread of germs.

- Wash your hands before entering and leaving any patient's room.
- Do not sit or put your feet on hospital beds or chairs that are covered with sheets or blankets. Linens are easily contaminated.
- Do not use the patient's washroom.
- To avoid accidental contamination, ask staff for assistance if extra linens, food or supplies are required.
- **Do not visit if you have a fever, cough, diarrhea or you are feeling unwell.**
- If you must visit more than one patient, clean your hands between each visit.

Alcohol-based hand rubs are available throughout the hospital. Cover all surfaces of your hands and rub for 15 seconds. (See the diagram on back of this brochure.) If your hands are visibly soiled, wash with soap and water, and use a paper towel to turn off the tap.

ISOLATION ROOMS

Sometimes, patients require extra infection control precautions. These patients will have a sign posted at the entry to their room. In these instances, please stop at the nurses' station to receive instructions before your visit.

You may need to wear gloves, a gown, mask or protective eyewear. Staff are always available if you have questions or need assistance.

If you are visiting multiple isolation patients, check at the nurses' station to determine additional personal protective equipment that is required.

Visitors play an integral part in preventing the spread of infection.

Thank you for viewing the infection control video before entering the unit.