

MOTP CLINICAL DIRECTIVES

Program: Kidney and Pancreas Transplantation

Title: BMI Guidelines

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Preamble

High BMI can pose a surgical risk to a patient under-going kidney or combined kidney pancreas transplant. The Kidney Transplant Team recognizes that there is a difference between BMI and fat distribution.

Guidelines

- 1. Patients with a BMI >40 need to be assessed by surgery to determine surgical risk prior to initiating a referral workup as there is a very high risk of wound complications.
- 2. Patients with a BMI 35-40 will be assessed on a case by case basis and they may not be listed based on their fat distribution.