

## MOTP CLINICAL DIRECTIVES

Program:	Kidney and Pancreas Transplantation
Title:	Smoking Cessation Guidelines
Prepared by:	Kidney Transplant Nephro Urology Meeting
Approved by:	Kidney Transplant Team
Original Issue:	November 29, 2017
Last Review:	
Last Revision:	

## Preamble

Smoking is not an absolute contraindication to transplant except in conditions of PVD, CAD, or pulmonary disease in which smoking is linked to increased mortality and can affect survival of the transplant.

## Guidelines

- 1. Patients with PVD, CAD, or pulmonary disease must quit smoking >3months before activation can take place.
- 2. It is the expectation that the referring center keep us aware of any recidivism in patients that are active on our list.
- 3. Our program recommends that all patients be enrolled in a smoking cessation program; however, this will not be a barrier to referral or assessment unless the patient has the above conditions associated with increased mortality.
- 4. For patients being referred for pancreas or combined kidney pancreas transplant, smoking remains an absolute contraindication due to greater risk of thrombosis of the graft.

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