

PEPP CONNECTIONS – MAY 2018

PLEASE SEE ATTACHED PROGRAM DESCRIPTION FOR DETAILS Contact: Josie, Recreation Therapist 519-6858500 X74746

Monday	Tuesday	Wednesday	Thursday	Friday
	1 RAP GROUP 1:00 – 2:30  2:45-4:00 PM “I CAN’T EVEN” (coping skills Group-register**)	2 11:00-12:00 Energy Break @ YMCA OUTPATIENTS ONLY 1:00 – 2:30 Drop in @ YMCA OUTPATIENTS ONLY 3:00-4:15 Voice Hearer’s Group ***must be registered***	3 10:30 -11:30 Welcome to PEPP! 2:30-4:30 ROCK TALK 534 QUEENS AVE.-@ CMHA	4 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 
7 1:00-3:00 REC GROUP Movie @ PEPP 	8 RAP GROUP – 1:00 – 2:30  2:45-4:00 PM “I CAN’T EVEN” (coping skills Group-register**)	9 11:00-12:00 Energy Break @ YMCA OUTPATIENTS ONLY 1:00 – 2:30 Drop in @ YMCA OUTPATIENTS ONLY 1:00-3:00 Women’s Group 3:00-4:15 Voice Hearer’s Group	10 10:30 – 11:30 Welcome to PEPP! 2:30-4:30 ROCK TALK 534 QUEENS AVE.-@ CMHA 6:00-8:00 PM JAM Night with Marc	11 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 
14 1:00-3:00 REC GROUP SPIKES INDOOR BEACH VOLLEYBALL (120 Weston St.)	15 RAP GROUP 1:00 –2:30 “May birthdays”  2:45-4:00 PM “I CAN’T EVEN” (coping skills Group-register**)	16 11:00-12:00 Energy Break @ YMCA OUTPATIENTS ONLY 1:00 – 2:30 Drop in @ YMCA OUTPATIENTS ONLY 3:00-4:15 Voice Hearer’s Group 7:00-9:00pm Parent Support Group Meeting for Parents @CMHA 534 Queens Ave.	17 10:30 – 11:30 Welcome to PEPP! 2:30-4:30 ROCK TALK 534 QUEENS AVE.-@ CMHA	18 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 
21 <u>Victoria Day Holiday</u> <u>No groups today!</u>	22 RAP GROUP 1:00 –2:30  2:45-4:00 PM “I CAN’T EVEN” (coping skills Group-register**)	23 11:00-12:00 Energy Break @ YMCA OUTPATIENTS ONLY 1:00 – 2:30 Drop in @ YMCA OUTPATIENTS ONLY 1:00-2:30 Art Group with Melissa 3:00-4:15 Voice Hearer’s Group	24 10:30 – 11:30 Welcome to PEPP! 2:30-4:30 ROCK TALK 534 QUEENS AVE.-@ CMHA 6:00-8:00 PM JAM Night with Marc	25 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 
28 1:00-3:00 Floor Hockey @ Parkwood Institute gym 3:00-5:00 PM- ODSP Workshop	29 RAP GROUP 1:00 –2:30  2:45-4:00 PM “I CAN’T EVEN” (coping skills Group-register**)	30 11:00-12:00 Energy Break @ YMCA OUTPATIENTS ONLY 1:00 – 2:30 Drop in @ YMCA OUTPATIENTS ONLY 3:00-4:15 Voice Hearer’s Group	31 10:30 – 11:30 Welcome to PEPP! 2:30-4:30 ROCK TALK 534 QUEENS AVE.-@ CMHA	

