







PEPP CONNECTIONS –JULY 2018

PLEASE SEE ATTACHED PROGRAM DESCRIPTION FOR DETAILS Contact: Josie, Recreation Therapist 519-685-8500 X74746 or cell#226-927-8948

Monday	Tuesday	Wednesday	Thursday	Friday
2 CANADA DAY HOLIDAY CLINIC CLOSED TODAY!	3 RAP GROUP – 1:00-2:30 	4 11:00-12:00 Energy Break @ YMCA OUTPATIENTS ONLY 1:00 – 2:30 Drop in @ YMCA OUTPATIENTS ONLY	5 10:30 – 11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA 6:00-8:00 PM JAM Night with Marc	6 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients only</u> 
9 1:00-3:00 REC GROUP Community Hike and Ice Cream 	10 RAP GROUP – 1:00-2:30  2:30-4:00 Dance and Groove**	11 11:00-12:00 Energy Break @ YMCA OUTPATIENTS ONLY 12:00 – 1:00 Drop in @ YMCA OUTPATIENTS ONLY 1:00-3:00 Women’s Group-“Come cook with us”	12 10:30 – 11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA	13 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 
16 12:00-3:00 REC GROUP ECO PARK (fishing, baseball, barbecue) **Bus leaves @ 11:30 	17 RAP GROUP 1:00–2:30 “July birthdays”  2:30-3:30 Ronald McDonald House baking night <u>orientation</u> 2:30-4:00 Dance and Groove**	18 11:00-12:00 Energy Break @ YMCA OUTPATIENTS ONLY 12:00 – 1:00 Drop in @ YMCA OUTPATIENTS ONLY 7:00-9:00pm Parent Support Group Meeting for Parents @CMHA 534 Queens Ave.	19 10:30 – 11:30 “Start Me Up Group” 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA 6:00-8:00 PM JAM Night with Marc 7:30-9:30 PM Ronald McDonald House baking night	20 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 
23 1:00-3:00 REC GROUP Movie @ PEPP  3:00-4:00-“Let’s Talk about Sex” with Kendra and Cecile	24 RAP GROUP 1:00 –2:30  2:30-4:00 Dance and Groove**	25 11:00-12:00 Energy Break @ YMCA OUTPATIENTS ONLY 12:00 – 1:00 Drop in @ YMCA OUTPATIENTS ONLY 1:00-2:30 Art Group with Melissa	26 10:30 – 11:30 “Start Me Up Group” ***NO ROCK TALK Cancelled	27 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u> 
30 1:00-3:00 Rec Group Games Day at PEPP!  3:00-4:00-“Let’s Talk about Sex” with Kendra and Cecile	31 RAP GROUP 1:00 –2:30  2:30-4:00 Dance and Groove**			