

Medication Reconciliation

What is MEDICATION RECONCILIATION?

Your Role in MEDICATION RECONCILIATION



Medication Reconciliation is part of patient safety, where we want to make sure every patient brings a complete and accurate list of medications they use at home, or brings all their medication vials.

You may be asked about your medications several times to make sure our medication list is correct. It is important to tell your health care team about **all** the medications you take, including:

- Prescription medications
- Over-the-counter (i.e. Aspirin, Tylenol)
- Herbal and natural health products
- Alcohol and any other recreational drugs (i.e. marijuana etc.)

If you need assistance, a family member or community pharmacist may help you.

Why does your health care team need to know all your medications?

This is important information used to:

- Improve your quality of care.
- Ensure you get the correct medications during hospital stay.
- Prevent errors from incorrect medication information.

- Make sure to ask your doctor if they prefer you to bring your updated medication list or all your medication vials to your next appointment.
- Ask your doctor, nurse and pharmacist about the management of your home medications in hospital.
- Tell your nurse if you think you missed a dose of a home medication.
- Consult one of your health care providers before taking any medications that you brought from home (including over-the-counter and herbals).
- Before you leave the hospital, make sure you understand why and how to take all new medications you started while in hospital.
- Use one pharmacy – this ensures that one pharmacy has all your medication information.

**A Good Med History =
No Med Mystery**

