

## **Patient and Family Advisors**

"Patients Supporting Patients"

The London Health Sciences Centre Renal Program is recruiting patient and family volunteers to serve as Renal Patient and Family Advisors. We are looking for individuals to provide the Renal Program with their perspective and ideas on how we can better serve patients and family members. We want to know about <u>your</u> experience with the Renal Program. Your participation as a Renal Patient and Family Advisor will help us to make improvements in the planning, delivery and evaluation of renal care for patients in London.

#### Roles that Advisors can play in the Renal Program:

- Renal Patient and Family Advisory Council (RPFAC): Advisors on the PFAC will hold monthly discussions, from September to June, about various Renal Program issues. They will meet monthly, as well as task group meetings when needed
- Patient and Family Advisors on Committees: These advisors will be placed on committees involved in making key decisions in the Renal Program. Some of the committees include the Continuous Quality Improvement Councils and the Renal Executive

## **Time Commitments for Patient and Family Advisors:**

- Renal Patient and Family Advisory Council (RPFAC):
- Attending meetings will require a time commitment of 2 to 4 hours per month
- Preparing for meetings will require a time commitment ranging from 1 to 2 hours per month
- Task Group meetings within the council will require approximately 2 to 4 hours per month
- PFAC meetings will usually be every second Tuesday of the month from 5:00pm to 7:00pm
- Patient and Family Advisors on Committees:
- Attending meetings will require a time commitment ranging from 1 to 4 hours per month
- Preparing for meetings will require a time commitment ranging from 1 to 2 hours per month
- Most committee meetings take place between 8 a.m. and 4 p.m.

### What Will Patient and Family Advisors do in the Renal Program?

Advisory Council Members will be consulted and involved in matters where the input of patients and their families is valued. The range of matters will include, but is not limited to the following topics:

- Provide the perspective of renal patients and their supporters on the planning, delivery and evaluation of renal care at LHSC
- Contribute to the understanding and improvement of the Patient and Family experience at LHSC
- Assist in reviewing and providing feedback on patient satisfaction
- Promote improved partnerships between patients, families, staff and physicians
- Provide input on policy and program development which impact service delivery for patients and families
- Provide recommendations on the identification of health care needs and gaps
- Participate in education regarding Patient and Family Centred Care throughout the Renal Program
- Provide an opportunity for care providers in the Renal Program to recommend changes that improve Patient and Family Centred Care

#### **Qualities We Are Looking For in Advisors:**

- Respectful of others' opinions and ideas
- Able to communicate negative experiences in a positive manner
- Good listening skills
- Willing to partner with Renal program staff, other patients and family members
- Flexible and patient
- Able to see beyond personal experiences and represent views of other patients
- Able to use personal experience constructively

# What We Expect From You:

- Fill out an application form and attend a selection interview
- Attend orientation session
- Sign a confidentiality agreement
- Complete a Vulnerable Sector Screening Police Check
- Attend committee meetings and provide patient perspective in order to collaboratively improve the patient and family experience
- Prepare for meetings as needed by reviewing material, reading a report, or completing a task before a meeting

- Understand the scope of your role and act within it
- Support and commit to the mission and vision of the Renal Program
- Commit to a two year term

# What You Can Expect From Us:

- We will provide you with the training you need to be an engaged advisor
- We will provide an environment where advisors can express their views and opinions
- We will send out electronic copies of documents that will be used during the meetings
- We will provide non-electronic versions of the documents to those who request it
- We will provide details of how to prepare for meetings if you need them (meeting agenda, review of committee mission, previous meeting content, what to bring)
- We will provide a list of medical terms that you can use to familiarize yourself with or use as a reference during discussions. If there are any other terms or language that you do not understand, we will help you to do so
- We will assign a "mentor/buddy" for you:
  - The mentor will be either an experienced volunteer advisor or a staff member
  - Talk to them to bring yourself up to speed before the first meeting
  - Meet with and walk with them to meetings, using the time to discuss issues
  - Sit with them during your first several meetings
  - Engage in communication with them after your first several meetings.
- We will keep you informed about how your feedback and ideas contribute to changes and improvements
- We will reimburse you for your parking expenses incurred during the meetings that you attend

If you are interested or have any questions, please ask a staff member for the **Renal Patient** and Family Advisor Application Form, or contact Angela Andrews:

Angela Andrews, BScN, RN Renal PFAC Resource 519 685-8500 ext. 34411 renaladvisor@lhsc.on.ca

# **Patient and Family Advisor Application**

Name:		Telephone: Cell Phone:					
Address:			CCII I HORC.				
Email:							
Are you a:			Patient				
•			Family member of a patient				
			Friend of a patient				
			Caregiver of a patient				
What Advisor role are you interested in? (please check			Renal Patient & Family Advisory Council				
all that apply)			Renal PFAC Member on Committees				
Are you an employee of LHSC?			□ Yes □	No			
Do you have family members that	at are employees of LHS	C?	□ Yes □	No			
Which of the following will you be able to represent (please check all that apply):							
☐ Hemodialysis	☐ Home Hemodialysi	S	☐ Pre-dialysis (CKD Clinics)				
☐ Peritoneal Dialysis	☐ Other (please specif	y)					
Why do you wish to volunteer as	a patient and family adv	isor'	?				
			ole? If you have experience on oth	er boards,			
advisory groups or committees, p	please include this inform	atio	n.				
Is there anything specific that yo improving our services?	u are interested in doing	as ar	n advisor? Could you offer some s	uggestions for			

We recognize that our Advisors have busy lives. How much time are you able to commit per month?							
□ 1 hour □ 2 hours □ 3 hours □ 4 hours □ 5 hours □ 6 hours □ Other:							
Are you availabl	e from 8 a.m. –	4 p.m. on weekd	lays?	☐ Yes	□ No □ S	Sometimes	
Are you available during the evenings (from 5 p.m. to 7 p.m.)?			☐ Yes	□ No □ S	Sometimes		
If you have chosen "Sometimes" for either of the two questions above, please fill in your availability in the							
following chart:							
DAY	Monday	Tuesday	Wednesday	Thursday	Friday		
TIMES AVAILABLE							
W1-111111	1- 4 4			4: 2			
			ome in between me		☐ Yes	□ No	
How did you hea	ar about the avai	lable Renal Pation	ent & Family Adv	isory positions?			
Is there anything else you would like us to know about you or your desire to make a contribution as a patient							
and family advisor?							
Applicant's signs	ature:			Date:			
Thank you for your interest. Someone will be in touch with you. Please understand that if we receive many applications, it may take some time to process them.							
Please mail, fax or email your application to the Renal PFAC Council Resource:							
Angela Andrews, RN							
Renal Patient & Family Advisory Council Resource							
Kidney Care Centre, Room 2718, Station 8 785 Wonderland Road South							
London, ON N6K 1M6							
<b>Phone:</b> 519-685-8500 ext. 34411 <b>Fax:</b> (519) 663-3011							
<b>Fax:</b> (519) 663-3011							

Email: renaladvisor@lhsc.on.ca