

**Ministry of Health and
Long-Term Care**

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**Ministère de la Santé et des
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MEMORANDUM TO: Municipal CAOs, Paramedic Service Chiefs, Ornge
and First Nations

FROM: Tarmo Uukkivi
Director
Emergency Health Services Branch

RE: **First Responders First Website**

As part of the province's post-traumatic stress disorder (PTSD) prevention strategy, the Ministry of Labour has launched its resource toolkit for employers of First Responders. The resource toolkit is accessible through www.firstrespondersfirst.ca, and provides information and supports to employers in developing PTSD prevention plans which include details regarding prevention, intervention, recovery and return to work practices.

The toolkit also provides employers with the ability to assess current prevention practices within their respective organizations.

Additionally, the toolkit provides First Responders and their employers with credible and up-to-date PTSD resources, and will be updated on a regular basis to ensure the latest information is available.

If you have any questions, please use the contact form on the First Responders First website, or contact Mr. Corey Freedman, Paramedic Standards and Certification Coordinator at (416) 326-3608 or corey.freedman@ontario.ca.

Tarmo Uukkivi

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