

## HOW TO IDENTIFY SVT

1. Rate (greater than 150bpm)
2. QRS narrow (less than 120msec)
3. Regular rhythm
4. Atrial activity (P waves) - absent, retrograde, buried
5. Patient characteristics in keeping with your conclusion

## MODIFIED VALSALVA MANEUVER

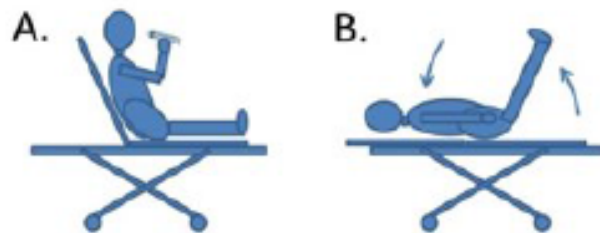
Utilized in patients with SVT only

1. Normotensive
2. Unaltered

## HOW TO PERFORM MODIFIED VALSALVA MANEUVER

- Patient blows into 10cc syringe for 15 seconds
- Patient lowered, legs elevated for 15 seconds

## REVERT Trial



Postural Modification to the Standard  
Valsalva Maneuver

- S-** Strain (patient blows into 10cc syringe to move plunger)
- V-** Venous return (patient lowered, passive leg raise)
- T-** Time (each stage 15 seconds)