Protocol for Peripheral Vasopressors

Acceptable Indications:

- Vasopressor use expected to be short
- Single agent norepinephrine (maximum 12 mcg) or dopamine (maximum 10 mcg/kg/min) for a maximum 24 hours
- **Must be ordered via Crit Care Peripheral Vasopressor order set and approved by CCTC Consultant (days) or Senior (nights).** The order will task to the nurse to review every 12 hours. AI documentation confirming the review is required.
- Notify Charge Nurse if a vasopressor is infusing peripherally

Site Requirements:

- Forearm or upper arm only (no lower extremity /hand/ anticubital fossa)
- Minimum 20 gauge with blood return; assess before starting and Q shift
- Must have second back up line that meets same criteria
- No other medication can be administered in same line

Monitoring Requirements:

- Assess and document Infiltration and Phlebitis Scales Q1H and PRN
- Initiate Extravasation Protocol/notify MD immediately for all site concerns
- Complete AEMS for **ALL** site or insertion complications for PERIPHERAL or CENTRAL VENOUS LINE adverse events
Indications for Central Venous Catheter (CVC)

A CVC is required for the administration of vasopressors or vesicants that do not meet criteria for peripheral vasopressor protocol. During acute resuscitation, placement can be deferred for up to 2 hours to facilitate insertion safety and prompt reversal of shock. If appropriate vascular access cannot be established within 5 minutes, intraosseous insertion should be considered.

A Central Venous Line is required in the following situations:

1. More than one vasopressor is required
2. Maximum dose of single agent norepinephrine or dopamine has been reached, dosing requirements increasing/patient is unstable or required longer than 24 hours
3. Unable to establish or maintain two peripheral IVs that comply with peripheral vasopressor protocol
4. Additional access sites are needed for fluid or medications
5. Concern over IV site quality exists
6. Recommended for medications that are hypertonic, high or low pH or concentrated electrolyte solutions
7. PICC lines are not suitable replacements for central venous lines in patients requiring multiple agents, ongoing resuscitation, vasopressors use or frequent blood sampling

Arterial Lines

1. Required when continuous IV infusions of vasoactive drugs are used
2. An exception to the arterial line policy can be considered for patients who meet peripheral vasopressor protocol; arterial lines are preferred for accurate and frequent BP measurements
3. Order must be entered with the name of the approving Consultant entered into Power Chart using the Crit Care Peripheral Vasopressor power plan. The order will task to the nurse for renewal every 12 hours. AI documentation confirming this review is required every shift.
### Peripheral IV Insertion Standards

<table>
<thead>
<tr>
<th>VEIN LEVEL ASSESSMENT</th>
<th>Peripheral IV Insertion Bundle</th>
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<tbody>
<tr>
<td><strong>Level 1:</strong>&lt;br&gt;Visible, easy to palpate, large in size</td>
<td>1. Match operator skill to vein level assessment</td>
</tr>
<tr>
<td><strong>Level 2:</strong>&lt;br&gt;Visible, easy to palpate, moderate in size, previous IV site</td>
<td>2. Change operator after 2 attempts</td>
</tr>
<tr>
<td><strong>Level 3:</strong>&lt;br&gt;Visible, easy to palpate, small size, previous IV site, limited veins (some sclerosed)</td>
<td>3. Wear gloves (PPE)</td>
</tr>
<tr>
<td><strong>Level 4:</strong>&lt;br&gt;Difficult to see, can be palpated, age &gt; 70, previous therapy has resulted in poor veins</td>
<td>4. Clip hair (don’t shave) if necessary</td>
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<tr>
<td><strong>Level 5:</strong>&lt;br&gt;Vein not visible, cannot be palpated, may require multiple techniques</td>
<td>5. 30 second scrub: 2% chlorhexidine/70% alcohol</td>
</tr>
</tbody>
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6. Air dry one minute
7. Ensure **no touch after cleaning** (if touch is required, sterile gloves must be worn and aseptic technique maintained).
9. If inserted under imperfect conditions (e.g. resuscitation), * and DAR and notify team to change site as soon as possible
10. Access all ports and maintain dressings aseptically.
Infiltration Scale *DAR if >0

0  No symptoms

1  Skin blanched
   Edema < 2.5 cm in any direction, cool to touch, with or without pain

2  Skin blanched
   Edema 2.5 – 15 cm in any direction, cool to touch, with or without pain

3  Skin blanched, translucent
   Gross Edema > 15 cm in any direction, cool to touch, mild-moderate pain, possible numbness

4  Skin blanched, translucent
   Skin tight, leaking, skin discolored, bruised, swollen, gross edema > 15 cm in any direction, deep pitting tissue edema, circulatory impairment, moderate – severe pain, infiltration of any amount of blood product, irritant, or vesicant

PHLEBITIS SCALE

1+  Pain at Site

2+  Pain and redness at site

3+  Pain, redness and swelling at site with palpable cord of less than 7.5 cm

4+  Pain, redness and swelling at site with palpable cord of 7.5 cm or greater