













## PEPP CONNECTIONS - APRIL 2019

PLEASE SEE ATTACHED PROGRAM DESCRIPTION FOR DETAILS Contact: Josie, Recreation Therapist 519-6858500 X74746

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b> 1:00-3:00 REC GROUP</p> <p>Community Hike and Ice Cream</p> 	<p><b>2</b> RAP Group- 1:00 – 2:30</p> 	<p><b>3</b> 11:00-12:00 Energy Break @ YMCA <u>OUTPATIENTS ONLY</u></p> <p>1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u></p> <p>7:30-9:30 PM Ronald McDonald House Baking Night!</p>	<p><b>4</b> 10:30 -11:30 Start Me Up Group!</p> <p>2:00-4:00 ROCK TALK 534 Queens Ave. @CMHA</p>	<p><b>5</b> 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u></p> 
<p><b>8</b> 1:00-3:00 REC GROUP Movie @ PEPP</p> 	<p><b>9</b> RAP Group – 1:00 – 2:30</p> 	<p><b>10</b> 11:00-12:00 Energy Break @ YMCA <u>OUTPATIENTS ONLY</u></p> <p>1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u></p> <p>1:00-3:00 Women’s Group</p>	<p><b>11</b> 10:30 – 11:30 Start Me Up Group!</p> <p>2:00-4:00 ROCK TALK 534 Queens Ave. @CMHA</p> <p>6:00-8:00 PM JAM Night with Marc</p>	<p><b>12</b> 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u></p> 
<p><b>15</b> 1:00-3:00 REC GROUP Games Day @PEPP</p> 	<p><b>16</b> RAP Group- 1:00 –2:30</p> 	<p><b>17</b> 11:00-12:00 Energy Break @ YMCA <u>OUTPATIENTS ONLY</u></p> <p>1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u></p> <p>7:00-9:00pm Parent Support Group Meeting for Parents @CMHA 534 Queens Ave.</p>	<p><b>18</b> 10:30 – 11:30 Start Me Up Group!</p> <p>2:00-4:00 ROCK TALK 534 Queens Ave. @CMHA</p>	<p><b>19</b></p> <p style="text-align: center;"><b>Good Friday!</b> <b>No groups today!</b></p>
<p><b>22</b></p> <p>CLINIC CLOSED!!!</p> 	<p><b>23</b> RAP Group-1:00 –2:30</p> 	<p><b>24</b> 11:00-12:00 Energy Break @ YMCA <u>OUTPATIENTS ONLY</u></p> <p>1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u></p>	<p><b>25</b> 10:30 – 11:30 Start Me Up Group!</p> <p>2:00-4:00 ROCK TALK 534 Queens Ave. @CMHA</p> <p>6:00-8:00 PM JAM Night with Marc</p>	<p><b>26</b> 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u></p> 
<p><b>29</b> 1:00-3:00 REC GROUP <i>Zumba fitness class</i></p> 	<p><b>30</b> 1:00-3:00 RAP Group “April birthdays”</p>			

