




## PEPP CONNECTIONS – MAY 2019

PLEASE SEE ATTACHED PROGRAM DESCRIPTION FOR DETAILS Contact: Josie, Recreation Therapist 519-6858500 X74746

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> 11:00-12:00 Energy Break @ <b>YMCA OUTPATIENTS ONLY</b>  1:00 – 2:30 Drop in @ YMCA <b>OUTPATIENTS ONLY</b>	<b>2</b> 10:30 -11:30 Start Me Up Group!  2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA	<b>3</b> 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <b>Outpatients Only</b> 
<b>6</b> 1:00-3:00 REC GROUP Movie @ PEPP 	<b>7</b> RAP GROUP – 1:00 – 2:30 	<b>8</b> 11:00-12:00 Energy Break @ <b>YMCA OUTPATIENTS ONLY</b>  1:00 – 2:30 Drop in @ YMCA <b>OUTPATIENTS ONLY</b>  1:00-3:00 Women’s Group “Scones with Maureen”	<b>9</b> 10:30 -11:30 Start Me Up! ! 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA  6:00-8:00 PM JAM Night 7:30-9:30 PM Ronald McDonald House Baking Night	<b>10</b> 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <b>Outpatients Only</b> 
<b>13</b> 1:00-3:00 REC GROUP Games Day @PEPP 	<b>14</b> RAP GROUP 1:00 –2:30 	<b>15</b> 11:00-12:00 Energy Break @ <b>YMCA OUTPATIENTS ONLY</b>  1:00 – 2:30 Drop in @ YMCA <b>OUTPATIENTS ONLY</b>  7:00-9:00pm Parent Support Group Meeting for Parents @CMHA 534 Queens Ave.	<b>16</b> 10:30 -11:30 Start Me Up Group!  2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA	<b>17</b> 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <b>Outpatients Only</b> 
<b>20</b> <u>Victoria Day Holiday</u> <b>NO GROUPS</b> <b>TODAY!</b>	<b>21</b> RAP GROUP 1:00 –2:30 “May birthdays” 	<b>22</b> 11:00-12:00 Energy Break @ <b>YMCA OUTPATIENTS ONLY</b>  1:00 – 2:30 Drop in @ YMCA <b>OUTPATIENTS ONLY</b>  1:00-2:30 Art Group with Melissa	<b>23</b> 10:30 -11:30 Start Me Up Group! 2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA  6:00-8:00 PM JAM Night with Marc	<b>24</b> 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <b>Outpatients Only</b> 
<b>27</b> 1:00-3:00 REC GROUP SPIKES INDOOR BEACH VOLLEYBALL (120 Weston St.)  3:00- 4:00 PM- Book Club	<b>28</b> RAP GROUP 1:00 –2:30 	<b>29</b> 11:00-12:00 Energy Break @ <b>YMCA OUTPATIENTS ONLY</b>  1:00 – 2:30 Drop in @ YMCA <b>OUTPATIENTS ONLY</b>  4:00-5:30 Young Women’s Group	<b>30</b> 10:30 -11:30 Start Me Up Group!  2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA	<b>31</b> 1:00-2:30 “Drop in” basketball at Parkwood Institute gym with Luke <b>Outpatients Only</b>

