











PEPP CONNECTIONS -FEBRUARY 2020

Contact: Josie, Recreation Therapist 519-685-8500 Ext.74746 cell-226-927-8948

****PLEASE READ ATTACHED PROGRAM DESCRIPTION**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 1:00-2:30 REC GROUP <i>Floor Hockey @ Parkwood Institute gym meet at Parkwood***</i></p>  <p>3:00- 4:00 PM- Book Club- "The Wonderful Wizard of Oz"</p>	<p>4</p>  <p>RAP 1:00 – 2:30</p>	<p>5 11:00-12:00 Energy Break @ YMCA</p> <p>1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u></p>	<p>6 10:30 – 11:30 "Start Me Up Group"</p> <p>2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA</p> <p>6:00-8:00 Jam Night with Marc</p>	<p>7 1:00-2:00 "Drop in" basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u></p> <p>1:00-3:00 Magic The Gathering Card Game Group</p> 
<p>10 1:00-3:00 REC GROUP Winter Hike and Hot chocolate!</p> <p>1:30-2:30 DROP IN-Floor Hockey @ Parkwood Institute gym meet at Parkwood***</p>	<p>11</p>  <p>RAP 1:00 – 2:30</p>	<p>12 11:00-12:00 Energy Break @ YMCA</p> <p>1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u></p> <p>1:00-3:00 PM Women's Group Self-Love-Valentine's Day Social"</p> 	<p>13 10:30-11:30 "Start Me Up Group"</p> <p>2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA</p>	<p>14 1:00-2:00 "Drop in" basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u></p> <p>1:00-3:00 Magic The Gathering Card Game Group</p> 
<p>17</p> <p style="text-align: center;"><u>CLINIC CLOSED TODAY</u> FAMILY DAY!!!</p>	<p>18</p>  <p>RAP 1:00 – 2:30 "February Birthdays"</p>	<p>19 11:00-12:00 Energy Break @ YMCA</p> <p>1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u></p> <p>7:00-9:00pm Parent Support Group Meeting for Parents @CMHA 534 Queens Ave.</p>	<p>20 10:30 – 11:30 "Start Me Up Group"</p> <p>2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA</p> <p>6:00-8:00 Jam Night with Marc</p>	<p>21 1:00-2:00 "Drop in" basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u></p> <p>1:00-3:00 Magic The Gathering Card Game Group</p> 
<p>24 1:00-3:00 REC GROUP Chess Tournament and Games Day!</p>  <p>1:30-2:30 DROP IN-Floor Hockey @ Parkwood Institute gym meet at Parkwood***</p>	<p>25</p>  <p>RAP 1:00 – 2:30 2:30-4:00PM Interview Skills Level 2 Workshop</p>	<p>26 11:00-12:00 Energy Break @ YMCA</p> <p>1:00 – 2:30 Drop in @ YMCA <u>OUTPATIENTS ONLY</u></p>	<p>27 10:30 – 11:30 "Start Me Up Group"</p> <p>2:00-4:00 ROCK TALK 534 QUEENS AVE.-@ CMHA</p>	<p>28 1:00-2:00 "Drop in" basketball at Parkwood Institute gym with Luke <u>Outpatients Only</u></p> <p>1:00-3:00 Magic The Gathering Card Game Group</p> 