Southwest Ontario Regional Base Hospital Program

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To Advanced Care Paramedics of the SWORBHP Region
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Subject ACP CME Update During the COVID-19 Pandemic

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Advanced Care Paramedics of the SWORBHP Region,

We wanted to update you on the CME requirements for the 2020 CME cycle during the COVID-19 pandemic.

In recognition of the limitations that physical distancing has had on some of the more traditional CME opportunities, such as in-person courses and conferences, we have removed the maximum number of CME points per CME category to account for this. These maximum points have been historically in place to allow for a more balanced elective CME. Given the current pandemic and need for physical distancing, this balance needs to be heavily weighted to online and self-study modalities. Our decision was made by balancing this reduced capacity of in-person CME with the need for maintenance of knowledge and skill required for the ACP scope of practice.

The 24 CME points requirement (with 12 points coming from your annual Mandatory CME, and 12 additional CME points coming from elective sources) remains a requirement as per the Provincial Certification Standard.

As a reminder, the following are a few of the preapproved physical-distancing friendly CME (<u>link to SWORBHP CME Approval Chart</u>):

- Journal Study
- Lecture Review/Study
- Base Hospital Rounds/Webinars (including the new SWORBHP Podcast series)
- Professional Self Development
- (new) Other educational rounds including the Ontario Telemedicine Network rounds*

We would also like to recognize any additional self-study that you may have completed in order to assist your paramedic practice during the COVID-19 pandemic that may not be pre-programmed within the Paramedic Portal. Note that this self-study does not include reading memos that are considered an expectation for your practice (i.e. OBHG Considerations for Paramedics Managing Patients with Possible COVID-19 and Service memos). Examples of additional education applicable for CME credit include SWORBHP Podcasts (here), other reputable podcasts (i.e. EM-RAP), review of journal articles and other

^{*}see the following TOTW for more information on this new resource

educational content (again from reputable sources). If you have, or plan on completing self-study to assist with your practice during the pandemic, make sure to submit this for CME.

To assist in appropriate awarding of CME submitted that is not on the pre-approved list on the Portal, please submit:

- Title, date published and link to the resource
- Time spent reviewing the material
- Short paragraph detailing:
 - 1. What has been learned from this CME activity?
 - 2. How will this change your practice as a paramedic?

If you are looking for further elective CME recommendations, please reach out. We would be happy to make suggestions and assist you with finding pertinent and engaging material.

Thank you for your on-going commitment to providing excellent patient care during this challenging time.

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