

FREE

Virtual Support

Facing Forwards Survivorship Group—offered twice per month

Designed to support patients who have completed cancer treatment and are looking for strategies for integrating into the next phase of survivorship. This program is offered in collaboration with Gilda's Club.



Androgen Deprivation Therapy (ADT)—offered once per month

A workshop to answer questions and help manage side effects for Androgen Deprivation Therapy patients.

Low Down on Down There (LDDT) —offered once per month

A vaginal health workshop for women affected by cancer. Learn how to prevent or manage common vaginal and sexual health changes from cancer treatment.

Accepting Your Body after Cancer (ABC)—7 week program

A therapy based approach introducing strategies to assist with positive body-image for breast cancer patients and survivors.

Intimacy After Prostate Cancer (IAPC) —offered once every 3 months

A workshop to help couples create and maintain satisfying sexual intimacy. Open to prostate cancer patients and their partners.

Registration

For information or to participate in these virtual programs contact the Simcoe Muskoka Regional Cancer Centre's Patient & Family Support at 705-728-9090 ext. 43520.

Registration is open to cancer patients across Ontario.



Simcoe Muskoka
Regional Cancer Program

RVH

Royal Victoria
Regional Health Centre

A Cancer Care Ontario Partner