# London Health Sciences Centre Multi-Organ Transplant Program

# **Medication Information Sheets**

# **Brand Name: CellCept®**

Common Name: mycophenolate mofetil (MMF)





# What is it?

CellCept® (mycophenolate mofetil) is an immunosuppressive drug used to prevent rejection in patients who have had an organ transplant. You will need to take other anti-rejection medications, such as prednisone and tacrolimus, along with CellCept®.

#### How should it be taken?

CellCept® is taken twice daily, every 12 hours. Keep the tablets in the blister pack foil until you are ready to take them. Do not open or chew the capsules. CellCept® should be stored at room temperature. Keep this medication away from children.

# If you miss a dose:

Take the missed dose as soon as you remember if it is within 6 hours of the time it was due. If it is beyond the 6-hour mark, skip the missed dose and take your next dose as scheduled. Do not double up the next dose.

# How should CellCept® be stored?

Keep your medications away from extremes of temperature (very hot or very cold). Keep them at room temperature, away from children. Do not keep medication in your vehicle. When you travel, take your medication in a carry-on bag and keep it with you at all times.

# What are the side effects? How can I manage them?

You may experience nausea or vomiting, diarrhea or constipation, heartburn, acne, tremors, or headache. Heartburn and stomach upset is quite common. If this happens to you, you can try taking this medication with food. Notify your doctor immediately if you have any unusual stomach pain or blood in the stool, or if you have had any serious stomach problems in the past.

As with all immunosuppressive drugs, you will be more prone to getting infections. CellCept® may cause some types of blood cells to decrease (specifically, white blood cells), so it is important to keep all your blood work appointments.

# **Cautions/ Other Advice:**

If you are pregnant or plan to become pregnant, you must inform your physician. CellCept® may be harmful to the unborn baby. Breastfeeding is not advised because this drug may pass into the breast milk and harm your baby.

Do not take any antacids with this medication. Antacids can make CellCept® less effective. You can still take antacids but you should separate the doses by at least 2 hours.

Do not take azathioprine (Imuran®) if you are taking CellCept®. Inform your physician if you are taking acyclovir, ganciclovir, or cholestyramine as these medications may interact with CellCept®.

