

Medication Information Sheets

Brand Name: <u>Myfortic[®]</u>

Common Name: mycophenolate sodium



What is it?

Myfortic is an immunosuppressive drug used to prevent rejection in patients who have had an organ transplant. You will need to take other anti-rejection medications, such as prednisone and tacrolimus, along with Myfortic.

How should it be taken?

Myfortic is taken twice daily, every 12 hours. Myfortic should be taken with food. Do not crush the enteric coated tablets. Keep the tablets in the blister pack foil until you are ready to take them. Myfortic should be stored at room temperature. Keep this medication away from children.

If you miss a dose:

Take the missed dose as soon as you remember up to 6 hours after the dose was due. If it is beyond the 6-hour mark, skip the missed dose and take your next dose as scheduled. Do not double up the next dose.

If you are sick:

If you vomit within 30 minutes of taking Myfortic[®], you should take it again. If you vomit more than 30 minutes after taking your dose, it is not necessary to take another dose. If you have diarrhea for several days or continue to vomit, you should contact your transplant team.

How should Myfortic[®] be stored?

Keep your medications away from extremes of temperature (very hot or very cold). Keep them at room temperature, away from children. Do not keep medication in your vehicle. When you travel, take your medication in a carry-on bag and keep it with you at all times.

What are the side effects? How can I manage them?

You may experience nausea or vomiting, diarrhea or constipation, heartburn, acne, tremors, or headache. Heartburn and stomach upset is quite common. If this happens to you, you can try taking this medication with food. Notify your doctor immediately if you have any unusual stomach pain or blood in the stool, or if you have had any serious stomach problems in the past.

As with all immunosuppressive drugs, you will be more prone to getting infections. Myfortic may cause some types of blood cells to decrease (specifically, white blood cells), so it is important to keep all your blood work appointments.

Cautions/ Other Advice:

If you are pregnant or plan to become pregnant, you must inform your physician. Myfortic may be harmful to the unborn baby. Breastfeeding is not advised as Myfortic may pass into the breast milk and harm your baby.

Do not take any antacids with this medication. Antacids can make Myfortic less effective. You can still take antacids but you should separate the doses by at least 2 hours.

Do not take azathioprine (Imuran[®]) if you are taking mycophenolate. Inform your physician if you are taking acyclovir, ganciclovir, or cholestyramine as these medications may interact with Myfortic.

